Who We Are

Up to 3 Early Intervention provides services and support to families with young children who have developmental delays or disabilities from birth to age 3 in Cache, Rich, and Box Elder Counties. Contact us for a free evaluation.

Our team is comprised of licensed and certified professionals including occupational therapists, physical therapists, speech-language pathologists, special educators, and many others.

The Up to 3 Program will provide parents strategies for use in daily routines, through a combination of face-to-face and virtual service provision patterns. This allows our team to provide families individualized service patterns based on the child and family need and routines.





We do not ask or report immigration status.

Early Intervention supports the growth and development of infants and toddlers with a developmental delay or disability. The Up to 3 team will work with parents to help them better help their children.

A child's development can be impacted by many things such as medical problems, lack of food and housing, not receiving good health care, and stress related factors such as domestic violence and mental health issues.

A child can be at high risk for delays when things such as those are experienced. Early Intervention services can help provide the tools and support to those at risk of a developmental delay.

Who We Are

If your child qualifies for services, you and the Up to 3 team will create goals you'd like to see your child do.

Therapists coach you so you can help your child meet their goals.

Services may include:

- FREE Evaluations*
- Autism Support
- Assistive Technology
- Behavior Specialist
- Hearing/Vision Specialist
- Licensed Social Worker
- Lil' Aggies Transition Class
- Dietetic Consultation
- Special Instruction
- Physical Therapy
- Speech/Language Therapy

*If your child qualifies for services, a monthly service fee may be charged based on your family incomes and size, or eligbility for Medicaid or Chip.

Developmental Milestones

By 7 months, your child should:

- Roll stomach-to-back
- Mouth objects
- Sit while leaning on hands
- Babble
- Smile socially at other people

By 12 months, your child should:

- Walk holding onto furniture
- Use 2-3 words
- Imitate actions in play
- Identify body parts
- Scribble with crayon

By 18 months, your child should:

- Explore everything
- Do simple pretend play
- Run
- Use 10-12 words, mostly nouns
- Point to pictures in a book

By 24 months, your child should:

- Open doors and unscrew lids
- Kick a ball
- Follow simple directions
- Say at least 50 words
- Become interested in other children By 36

months, your child should:

- Enjoy books and being read to
- Match colors
- Pedal a riding toy
- Ask and answer questions
- Imitate adults





Monitor your child's progress: cdc.gov/ncbddd/actearly



Early Intervention

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(435) 797-3727

idrpp.usu.edu/up-to-3/

En Espanol: (435) 890-6048



If you have concerns about your child's development, scan the QR code for a questionnaire. Once completed, we'll call you to schedule a FREE evaluation.



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Early Intervention