Providers and Parents as Partners in Using ASQ®-3 in a Virtual Environment

April 2020

Webinar Goal
Learn how to support families and continue screening services during a health crisis

Download slide handouts and other resources at bit.ly/ASQVirtual
Presenters

Elizabeth Twombly, M.S.
ASQ Author and Trainer

Amy Clause
Marketing Manager
Brookes Publishing

Angela Rau
Virtual Parent Education Specialist
Parents as Teachers National Center

Scope of Webinar

- Navigating our current environment for screening
- Focusing on ASQ-3 administration
- Future webinar on ASQ:SE-2
  - ASQ:SE-2 is easier to administer in a virtual environment than ASQ-3

Focused Objectives for Today

- Review lessons learned from Virtual Child Screening study
- Recognize the challenges and opportunities implementing child screening during the health crisis
- Identify options to access ASQ-3 questionnaires and tools available to score and document results and follow-up
- Describe considerations and resources for remote delivery of ASQ screening to families during the health crisis
Challenges

- Social distancing
- Distributing questionnaire
- Poor connectivity
- Device limitations

Opportunities

- Family empowerment
- Virtually in person
- Texting/document sharing

Family Engagement

Parents want . . .

What Why How

Parents want . . .

Choice

https://youtu.be/MrvWt_xmwrM
Get Comfortable with Terminology

- Virtual Environment
- Interactive Video Conferencing (IVC)—or Live Video Conferencing or web conferencing, or...
- Telecommunication—phone and text
- ASQ Online and Family Access

How can I deliver ASQ questionnaires in virtual environments?
Questionnaire Delivery: Online

- ASQ Online: Secure, subscription-based system with data management, online questionnaire completion, and reporting
- ASQ Family Access: Allows parents to view, print, and complete questionnaires at secure website
- Programs email the link to parents or add a link on their program website

Learn more about ASQ Online
bit.ly/ASQOnline

Join us for a free demo
bit.ly/SeeASQOnline

Interactive Video Conferencing (IVC) Screening

Option 1
- Parent completes ASQ-3 using Family Access in advance of visit
- Professional and parent view results together through screen share

Option 2
- Parent views questionnaire using Family Access
- Parent answers questions verbally and professional records answers in ASQ Online
Questionnaire Delivery: Text

- Special Release of ASQ-3 questionnaires in JPEG format; one image per questionnaire page
- Images can be texted to parents who don’t have internet access
- Images can be used by professionals who don’t currently have access to program’s ASQ-3 box, files, or ASQ Online
- Includes fillable PDFs of Information Summary sheets for professionals to use to record responses and scores
- May be used to support virtual one-on-one parent conferences by direct service providers

Interactive Video Conferencing (IVC) Screening

- Professional sends images of questionnaire prior to meeting
- Parent can try items prior to video meeting; they can record answers on scrap paper
- Parent and professional discuss items and observe child during IVC
- Professional records parent responses on paper or via fillable Information Summary sheet
Telecommunication Screening

- Professional sends images of questionnaire prior to meeting
- Parent can try items prior to phone meeting; they can record answers on scrap paper.
- Parents answers items and shared observations in interview format with professional
- Professional records parent responses on paper, in ASQ Online, or via fillable Information Summary sheet

Access to Special Release

- Program administrators can apply for access to the special release of questionnaires in jpeg format and the fillable information summary sheets
- This alternative format will be authorized for use through September 1, 2020
- More information is available at bit.ly/ASQVirtual

How can I support and engage parents in virtual environments?
Use a Parent-completed Tool

- Actively encourages family engagement
- Validates parent concerns
- Conveys the value of parents’ expertise
- Educates parents about development
- Bridges communication between families & providers

Break Down Steps for a Virtual Environment

1. Prepare parents for screening
2. Introduce screening & ASQ-3
3. Support materials needs
4. Support ASQ-3 administration
5. Document parent responses
6. Share results
7. Support follow-up
Virtual Screening:
1. Prepare parents for screening
   1-2 weeks before the target screening date (TSD), reach out and send what’s needed using the method the parent prefers:
   ■ ASQ-3 Parent Guide
   ■ ASQ-3 Materials List
   ■ Correct ASQ-3 questionnaire for child’s age
   ■ Options for sharing:
     ○ Mail paper versions
     ○ Email Family Access URL with instructions to download the questionnaire
     ○ Text JPEG images

Virtual Screening:
2. Introduce screening and ASQ-3
   3-5 days before the target screening date (TSD), Review ASQ-3 Parent Guide with the parent:
   ■ What is Screening & Why is it important?
   ■ What is ASQ-3?
   ■ Important Points Before Getting Started
   ■ How to Complete the ASQ

Virtual Screening:
3. Support materials needs
   3-5 days before the target screening date.
   ■ Review the ASQ-3 Materials List together
   ■ If needed, problem solve with parents how to make materials or adapt items

   REMEMBER: Up to 2 ASQ-3 items per area may be omitted if needed (scores need to be adjusted)
Adapt Materials

**ASQ-3 question:**
Does your child throw a small ball with a forward arm motion?

- **Area:** Gross Motor
- **Intent:** Ability to coordinate arm and hand movements
- **Materials adaptation:**
  - Use a small, soft toy that the child can hold in their hand
  - Make a ball out of crumpled paper and tape

Adapt Items

**ASQ-3 question:**
Does your child eat with a fork?

- **Area:** Personal-Social
- **Intent:** Self-help skill; ability to self-feed
- **Item Adaptations:**
  - Use chopsticks
  - Use hands to scoop food with bread or tortillas

See Materials and Item Adaptation Guide for more information and more examples!

Virtual Screening:
4. Support ASQ-3 administration

On the target screening date, go through ASQ-3 together.

**Remember:** Parent report is valid & reliable. Professionals do not need to observe child performing skills.
- For interactive video conferencing:
  - Observe as many skills as possible together
- For telephone:
  - Talk through each item on the ASQ-3
  - Ask open-ended questions to get more detail about parent observations
  - Discuss Overall Section and any parent concerns
Virtual Screening:
5. Document results
During the virtual screening, record parent responses:
■ Use ASQ Online
■ Use a paper copy
■ Use a paper master with a plastic sleeve and dry-erase marker
■ Use the Special Release fillable information summary sheets
   □ Complete Section 5 while going through ASQ-3
Score and chart as required after the virtual screening conference/call.

Virtual Screening:
6. Share results
Within 1 week of target screening date, discuss results with parent.
■ Begin the meeting by celebrating the child.
■ Review the completed questionnaire.
■ Review ASQ-3 results by area (with or without Information Summary):
   □ On Schedule Areas
   □ Monitor Areas
   □ Referral Areas
■ Discuss concerns noted in the Overall Section

Virtual Screening:
7. Support follow-up
■ Parent takes the lead in follow-up decisions
■ Respond to parent concerns
■ Facilitate referrals if safe and available—use professional judgement
■ Share parent-child activities and activity guides (see ASQ-3 User’s Guides, agesandstages.com, ASQ Online)
■ Share ASQ-3 Learning Activities
■ Monitor child’s development
■ REMEMBER: Screening is a service.
Resources for Families

Parent resources available bit.ly/ASQVirtual

Resources for Professionals

- Provider guide, Materials List, and Materials and Item Adaptation Guide
- Available at bit.ly/ASQVirtual

Resources for Professionals

- Age calculator and adjusted scoring calculator
- Available on ASQ website or app
Resources for Professionals

- Free, monthly ASQ newsletter
  Sign up at bit.ly/JoinASQNews
- www.agesandstages.com

Certificate

- Download a blank certificate at bit.ly/ASQVirtualCertificate

More Info about Virtual Screening

- COVID-19 Home Visiting Rapid Response resource page
  www.institutefsp.org
- Q&A hosted by Brookes
  Tuesday, April 21 2:00 pm EST
  Register at bit.ly/ASQ3VirtualQA
- Future webinar on using ASQ:SE-2 in virtual environments