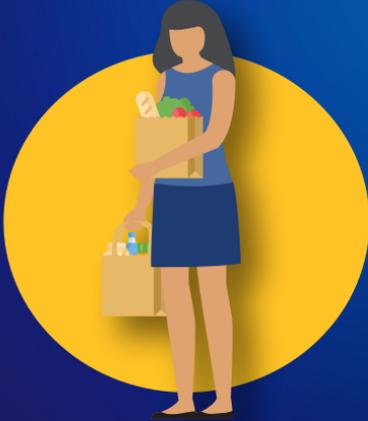


Are you **high-risk** for COVID-19 and need free help physical distancing?



Delivery of groceries
and medicine



Transportation to and
from appointments



Other challenges

Those at high risk include individuals of **any age** who have chronic conditions that affect their lungs, heart or immune system such as:



In the pandemic, high-risk individuals should follow stricter instructions because you are more likely to suffer severe illness from COVID-19. If you find staying safely at home challenging and need extra assistance, contact:

Asthma (moderate to severe)
Bone marrow or organ transplant
Cancer treatment or taking immunosuppressants
Chronic lung disease
Diabetes
Hemoglobin disorders
Hypertension or high blood pressure
Immune system deficiencies or HIV
Kidney or liver disease
Obesity (BMI greater than 30)
Pregnancy
Serious heart conditions
Smoking

877-424-4640

(M-F, 8a-5p)



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