

Checklist for Module 2

Lesson 1

- Watch all Lesson 1 videos
- Draw the Pyramid Model
- Complete the Knowledge Check
- Download the Action Plan Form

Lesson 2

Reflect

- Journal about what you learned in Module 1
- What you've implemented
- How these strategies have changed your class
- What you would still like to try

Learn

- Watch all Lesson 2 videos
- Notice “teachable moments” in your classroom
- Notice the stages of learning social emotional skills in your students
- Think about how you can help children progress through the stages

Check and Do

- Complete the Knowledge Check
- Fill out Needs Assessment #7
- Create an action plan

Lesson 3

Reflect

- On your current teaching of social emotional skills to the whole class
- On how you assess social emotional skills
- On how you could begin implementing individualized instruction of social emotional skills

Learn

- Watch all Lesson 3 videos
- Read the article “Intentional Instruction: Instructional Strategies”
- Complete Teaching Targeted Skills worksheet

Check and Do

- Complete the Knowledge Check
- Complete Needs Assessment #6
- Make an action plan for implementing one of those practices

Lesson 4

Reflect

- Re-read “Intentional Instruction: Instructional Strategies”
- Consider which strategies you already use and which might be a stretch

Lesson 4 continued

Checklist for Module 2

Lesson 4 continued

Learn

- Watch all Lesson 3 videos
- Think of a child who makes and keeps friends easily
- Read the article “You’ve Got to Have Friends”
- Complete the Embedding Friendship Opportunities into Daily Schedules worksheet
- Create visual cues to support friendship skills

Check and Do

- Complete the Knowledge Check
- Complete Needs Assessment #6
- Make an action plan for implementing one of those practices

Lesson 5

Reflect

- On which friendship skills you have taught
- On how you are supporting friendship skills in the moment

Learn

- Watch all Lesson 5 videos
- Write down the cultural messages that girls and boys receive about feeling and expressing emotion
- Read the article “Enhancing Emotional Literacy in Young Children
- List 10 feeling words that you would like to teach
- Consider ways to teach and support emotional literacy

Check and Do

- Complete the Knowledge Check
- Complete Needs Assessment #10
- Make an action plan for implementing one of those practices

Lesson 6

Reflect

- On feeling words you’ve used or taught since the last lesson
- On feelings the children you work with have been experiencing

Learn

- Watch all Lesson 6 videos
- Think about how you feel physically when you are upset or angry
- Find the solution kit, turtle technique, and other resources on the CSEFEL website: www.csefel.vanderbilt.edu.

Check and Do

- Complete the Knowledge Check
- Complete Needs Assessment #11
- Make an action plan for implementing one of those practices