

Milestone Expectations

At what age would you expect a typically developing child to achieve each of these milestones?

Fill this worksheet out quickly using your first thought for each milestone – no need to research or spend too much time on this!

MILESTONE	AGE IN MONTHS
Eat solid food	
Use a training cup	
Use utensils for eating	
Eat finger food	
Wean	
Sleep by self	
Sleep all night	
Choose clothes	
Dress self	
Play alone	
Be toilet trained – day	
Be toilet trained - night	