



## Dear Families,

An important part of kindergarten readiness is having strong social-emotional skills. This includes knowing how to solve common social problems. Our classroom uses a tool called the *Solution Kit* that helps teach children to recognize a situation as a problem and then try different solutions. These visuals are available in our room as reminders.

The solution kit also comes in a home version with additional solutions relevant to situations that may occur at home. We have included a copy of the family solution kit with this letter.

### You can support your child's learning at home by:

- Posting the family solution kit handout somewhere visible (e.g., on the refrigerator, on the child's bedroom door, etc.) and talking about what the different solutions are and what they mean.
- Pointing out when you are faced with a problem—any problem—and what solution you choose. For example, if you run out of paper towels, say out loud, "Oh no, I have a problem; I need a paper towel and there aren't any. What should my solution be?" Invite your child to help you come up with what you should do next. Doing this will help them learn the thought process for problem solving.
- Using the words **"problem"** and **"solution"** frequently to help your child become more familiar with those terms.

**Please, feel free to ask us if you have any questions about the Solution Kit or how we address social-emotional development!**

