



UTAH PYRAMID MODEL

OCTOBER 2024





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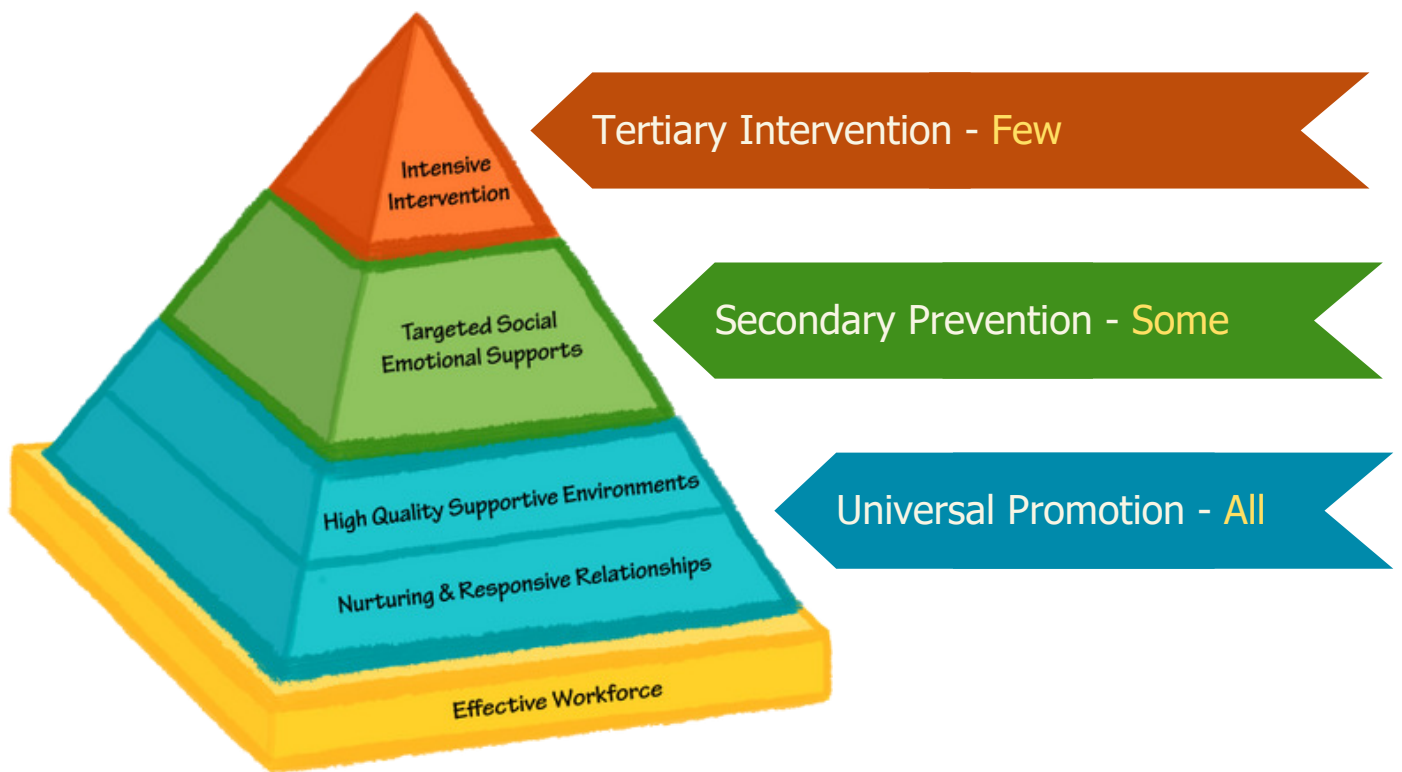
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Welcome to the Utah Pyramid Model quarterly newsletter! This publication is designed to keep you informed and engaged with the latest updates, resources, and reports related to the Pyramid Model framework in Utah. Whether you're a practitioner, parent, or community member, our goal is to provide you with valuable information to support the development of social and emotional skills in young children. Through this newsletter, we'll share program highlights, training opportunities, and stories of success, ensuring you stay connected with the ongoing work to promote positive outcomes for children across the state.



About the Pyramid Model

The Pyramid Model is a framework to promote children's social and emotional development and decrease challenging behaviors. The model is divided into 3 tiers:



For additional information, watch the video below or visit <https://idrpp.usu.edu/projects/pyramid/>





Program Spotlight: Duchesne School District

Duchesne School District is coming prepared with all of the best classroom materials! Last month they had an orientation for the Pyramid Model Discovery Kit, which contains great resources for the classroom.



It includes kits and visuals such as Tucker Turtle, Super Friend capes, an Emotions Wheel, Problem Solver Solution Cards, and more!

Using fun visuals and aids is a great way to get children engaged. We are excited to see how the children at Duchesne like the kits.





Resource Spotlight: Collaboration with Families in EI

Early Intervention a collaboration between the provider and the family. It's important to support what the caregiver is already doing well and have them decide what goals are most important to them.



This Caregiver Planning form is a simple way for caregivers to visualize their goals and know when their efforts have worked.

Caregiver Planning

Provider Contact Information: _____ My next visit is: _____

I plan to use the following practice:

I will use the practice during these parts of my day:

- Meal time
- Bed/nap time
- Getting Dressed
- Diaper/Toileting
- Bath time
- Brushing teeth
- Play
- Reading Books
- Music
- Outdoor Play
- In the Car/Public Transport
- Community outings
- Other:

I plan to use the practice by *(List steps you will take, specific actions/behaviors/language you will do):*

I can use the following materials when using the practice:

I will know this worked when:

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Project ECHO: Early Intervention and the Pyramid Model



Past Sessions

Erin Barton has been teaching Project ECHO sessions on utilizing the Pyramid Model in Early Intervention. The last few sessions have been all about collaborating with caregivers and letting them take the lead on goals and interactions.

[Watch Past Sessions](#)

Future Sessions

Our next session is Nov. 25, 1-2:30pm.

Presenters will share advice for transitioning between different age groups in childcare.

Our next series, starting in Nov., will be all about transitioning in the context of different early childhood settings. Stay tuned for more info!

[Register](#)



Updates

Welcome to Chelsea Beck, Betsy Sutherland and Zack Hunsaker, our newest members of the Pyramid Model team. Chelsea and Betsy are our new external coaches, and Zack will be working behind the scenes in data analytics.



Goosechase App

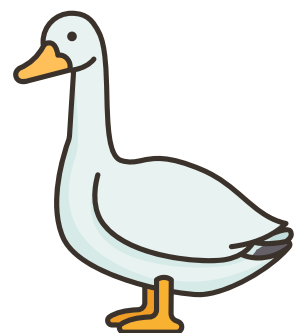
We've been excited to see how families have been using the Goosechase app! Here are a few responses from some of the challenges:

"She guided her friend made him feel safe and told him he was doing a good job. He has a hard time with physical touch and playing with others."

"When we get upset we always try to remember to blow the dandelions, we blow hard to make sure we get all the seeds to blow away."

"The Pyramid will help me bond with my child."

The Pyramid Model Discovery Hunt on the Goosechase app is a great way to involve families in the Pyramid Model. There are fun challenges for caregivers to complete with their children. Find more info at <https://idrpp.usu.edu/projects/pyramid/resources/goosechase-app>





Reporting

Utah Pyramid Model (UPM) currently supports Part C Early Intervention programs, child care programs, preschools, and community programs. UPM is working with programs in 26 out of 29 counties.

UPM supports these programs through...

- Pyramid Model Training (online and in-person)
- 9 external coaches who:
 - Work with site to help implementation
 - Mentor internal coaches
 - Support implementation plans for benchmarks of quality
- Access to the Infant Early Childhood Mental Health (IECMHC) consultants to address the needs of children with persistent challenging behaviors, their families, and their practitioners.

Funding for UPM comes from...

- Institute for Disability Research, Policy & Practice
- Utah State Board of Education
- Utah Department of Health and Human Services



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Institute for Disability Research, Policy & Practice
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Pyramid Model



at Utah State University

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