An estimated **8.8%** of Utahan adults report being part of the LGBTQ+ community. ([Census.gov, 2021](#))

**60%** of Utahans are members of the Church of Jesus Christ of Latter-Day Saints, which is a conservative Christian religion with beliefs opposing LGBTQ+ relationships. ([McGraw et al., 2021](#))

**Self-Reported Disability Rates of LGBTQ+ Adults in the U.S.**

(Human Rights Campaign, 2020)

- 36% of LGBTQ+
- 52% of Transgender
- 35% of Cisgender

Compared to:

- 24% of Non-LGBTQ+

**LGBTQ+ individuals with intellectual and developmental disabilities often experience DOUBLE STIGMA of being a person with a disability AND belonging to a sexual minority.** ([Stanojević et al., 2023](#))

Research consistently finds that **LGBTQ+ individuals have higher rates** of mental health issues, substance use, and suicidal behaviors. **The difference is likely due to:**

- stigma
- discrimination
- victimization
- family disapproval

(Trust for America's Health, 2023)

When compared to heterosexual students, LGBTQ+ high school students were:

- 3x as likely to consider attempting suicide
- 3.7x as likely to attempt suicide

(Trust for America's Health, 2023)

**Utah youth experiencing symptoms of anxiety:**

- LGBTQ+: 75%
- Transgender/Nonbinary: 79%

**Utah youth experiencing symptoms of depression:**

- LGBTQ+: 56%
- Transgender/Nonbinary: 61%

(The Trevor Project, 2022)

Utahan LGBTQ+ individuals with disabilities have a unique challenge of finding inclusive, accessible, and affordable healthcare, disability, and other services. ([LGBT People with Disabilities](#))

Information shared in this infographic was reviewed by members of the LGBTQ+ community prior to publication.