

CHRONIC HEALTH CONDITIONS AMONG PEOPLE WITH DISABILITIES IN THE INTERMOUNTAIN WEST

Chronic health conditions (CHCs) are diseases that last 1+ years and “require ongoing medical attention or limit activities of daily living or both” (CDC, 2022)

80%
**HAVE CHRONIC
CONDITIONS**



While **55%** of all people in the Mountain West region reported CHCs, this number jumped to **80%** among people with disabilities.

**#1 Condition Overall:
Arthritis**

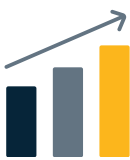
In all Mountain West states **except Utah**, Arthritis was the most common CHC among people with disabilities.

**UTAH #1:
DEPRESSION**



The most common chronic health condition among individuals with disabilities in Utah is depression.

PATHS TO IMPROVEMENT



- Increased accessibility to high-quality physical and psychological care
- More universal design of services
- Policy changes to increase resources



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<https://idrpp.usu.edu/>

For more information see:
<https://idrpp.usu.edu/projects/cmhp/FinalCHCPWDMWFinal.pdf>

Data source: cdc.gov/brfss/

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