

Transportation Options for Individuals with Disabilities

Fact Sheet



Emma Eccles Jones College of Education & Human Services
Institute for Disability Research, Policy & Practice
UtahStateUniversity

Transportation for Individuals with Disabilities

Individuals with disabilities face many barriers to accessing the community, with transportation options typically being the biggest barrier. They have to rely mainly on others for transportation needs. Staff should be familiar with the different transportation options available for the people they support. This fact sheet will outline the various options available for individuals with disabilities living along the Wasatch Front.

Transportation Options

Public Bus and Train

The Utah Transit Authority (UTA) services counties along the Wasatch Front and provides residents with public bus and train access. Bus routes and the UTA Frontrunner train allow residents to travel in their city and other cities throughout the Wasatch Front. Individuals with disabilities or low income can qualify for reduced fare. To find routes and more information about fares, scan the QR code or click [here](#).



Paratransit

UTA's Paratransit Service ADA program is a service for people with disabilities who cannot independently use the UTA fixed route bus service either all of the time, temporarily, or under certain circumstances. Scan the QR code or click [here](#) for more information and to sign up for Paratransit services.



These transportation options are only some of many and may look different depending on location. It is part of a staff's job to research and work with supervisors to learn about all the transportation options available for individuals. Other transportation options include Uber and Lyft, walking, staff vehicles, bicycles, and electric scooters. Staff should discuss transportation options with the individuals they support, and help them make the best transportation decision for them.

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Systematic Instruction

Staff are required to support individuals with disabilities in accessing their communities. DSPs should not complete tasks for individuals but should support them to independently complete the task. Individuals with disabilities may not have the skills to immediately access transportation on their own. Systematic instruction is a strategy that staff should use when teaching transportation skills to individuals they support. Systematic instruction consists of ecological inventories, task analyses, prompting, specific instructional techniques, and data collection.

Ecological Inventory

An ecological inventory is used to determine the instruction and supports a person needs to complete a skill.

Task Analysis

A task analysis outlines the steps needed to complete a certain skill.

Prompting

Prompts are used to elicit the correct response when teaching skills. Prompts consist of indirect and direct verbal prompts, gesture prompts, model prompts, and physical prompts.

Instructional Techniques

Instructional techniques are specific strategies used to teach skills. There are different types of instructional techniques, but some common techniques are constant time delay and system of least prompts.

Data Collection

DSPs must collect data when performing systematic instruction. Data helps inform staff if the systematic instruction is teaching the skills necessary to complete the task, or if instruction needs to be adjusted.

Systematic instruction must be individualized for each person and each task. All staff who support the individual should understand the systematic instructional techniques unique to that individual. All staff should prompt and provide instruction in the same way; this increases the probability of the individual learning the skill with as much independence as possible. To learn more about systematic instruction, scan the QR code.

