

Accommodations for Individuals with Disabilities

Fact Sheet



Emma Eccles Jones College of Education & Human Services
Institute for Disability Research, Policy & Practice
UtahStateUniversity

Accommodations

Individuals with disabilities may need accommodations to support them in completing tasks. Accommodations are a change to the environment or task to support an individual complete the task as independently as possible. Assistive technology and compensatory strategies are useful tools that individuals and DSPs can use for accommodations. According to AskJAN, typically, over 50% of accommodations are free!

Assistive Technology

Assistive technology is any product, equipment, or system used to increase, maintain, or improve the functional skills of an individual. Assistive technology can include communication boards, prosthetics, screen readers, and grabbers.

High-tech

High-tech assistive technology is equipment that is typically complex, may require training to use, and may be expensive. Examples of high-tech assistive technology include computers, tablets, and AI technology.

Low-tech

Low-tech assistive technology is equipment that is typically easy to understand, likely does not require any or much training to use, and is typically low or no cost. Examples of low-tech assistive technology include calendars, magnifying glasses, timers, and stools.

No-tech

Some assistive technology does not require devices, just a change to the environment, policies, or procedures. This can be referred to as no-tech assistance. Examples of no-tech solutions include using lamps instead of overhead lights, changing the size of text on a phone, advocating for policy change, and putting a rug on hardwood floors.



Resources

For more information about assistive technology, follow the QR code or click [here](#).



For more information about the different levels of assistive technology, follow the QR code or click [here](#).



For assistive technology resources, follow the QR code or click [here](#).



For the Utah Assistive Technology Program, follow the QR code or click [here](#).



For the Utah Center for Assistive Technology, follow the QR code or click [here](#).

