

Master Menus List Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Breakfast

#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
002 MM#002		Y	Unflavored oatmeal (157)		Grapefruit (021)	1% or Skim Milk (2 years and old
003 MM#003			Pancakes / Waffles (032)		Oranges (033)	1% or Skim Milk (2 years and old
004 MM#004			W/C approved cereal (158)		Tangerines (048)	1% or Skim Milk (2 years and old
005 MM#005			Rice Krispies (211)		Fruit Plate (018)	1% or Skim Milk (2 years and old
006 MM#006	Y		Whole Wheat-English Muffi	Hash Browns (262)		1% or Skim Milk (2 years and old
007 MM#007	Y		100% Whole Wheat Bread (Strawberries (047)	1% or Skim Milk (2 years and old
008 MM#008	Y		100% Whole Wheat Bread (Mandarin Oranges (028)	1% or Skim Milk (2 years and old
010 MM#010	Y		Unflavored oatmeal (157)		Peaches (035)	1% or Skim Milk (2 years and old
011 MM#011	Y		Life Cereal (212)		Bananas (004)	1% or Skim Milk (2 years and old
012 MM#012	Y		Unflavored oatmeal (157)		Apples (001)	1% or Skim Milk (2 years and old
013 MM#013	Y		Whole Wheat-English Muffi		Applesauce (002)	1% or Skim Milk (2 years and old
014 MM#014			Biscuits (002)	Hash Browns (262)		1% or Skim Milk (2 years and old
015 MM#015			French Toast (016)		Strawberries (047)	1% or Skim Milk (2 years and old
016 MM#016			Pancakes / Waffles (032)		Canaloupe (011)	1% or Skim Milk (2 years and old
017 MM#017			Pancakes / Waffles (032)		Bananas (004)	1% or Skim Milk (2 years and old
018 MM#018	Y		Kix (213)		Mandarin Oranges (028)	1% or Skim Milk (2 years and old
020 MM#020			Crepes (007)		Raspberries (044)	1% or Skim Milk (2 years and old
021 MM#021	Y		Regular Cheerios (156)		Kivi (026)	1% or Skim Milk (2 years and old
022 MM#022			Cornbread or Corn Muffin (Oranges (033)	1% or Skim Milk (2 years and old
023 MM#023			W/C approved cereal (158)		Watermelon (052)	1% or Skim Milk (2 years and old
024 MM#024			Rice Krispies (211)		Peaches (035)	1% or Skim Milk (2 years and old
025 MM#025	Y		Unflavored oatmeal (157)		Apples (001)	1% or Skim Milk (2 years and old
026 MM#026	Y		Frosted Mini Wheats (214)		Blueberries (006)	1% or Skim Milk (2 years and old
027 MM#027			Blueberry Bread (138)		Bananas (004)	1% or Skim Milk (2 years and old
028 MM#028			Bagel (001)		Applesauce (002)	1% or Skim Milk (2 years and old

March 18, 2019
9:49 am

Master Menus List

Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Breakfast

<u>#/Name</u>	<u>Meat Food</u>	<u>WG</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
030 MM#030		Y	100% Whole Wheat Bread (Oranges (033)	1% or Skim Milk (2 years and old
031 MM#031		Y	Unflavored oatmeal (157)		Applesauce (002)	1% or Skim Milk (2 years and old
032 MM#032			Bagel (001)	Tomatoes (272)		1% or Skim Milk (2 years and old
033 MM#033			Biscuits (002)		Grapes (022)	1% or Skim Milk (2 years and old
034 MM#034		Y	Regular Cheerios (156)		Orange Juice (073)	1% or Skim Milk (2 years and old
035 MM#035		Y	Kix (213)		Bananas (004)	1% or Skim Milk (2 years and old
036 MM#036			Banana Bread (137)		Apples (001)	1% or Skim Milk (2 years and old
037 MM#037		Y	Frosted Mini Wheats (214)		Orange Juice (073)	1% or Skim Milk (2 years and old
038 MM#038		Y	Life Cereal (212)		Pears (036)	1% or Skim Milk (2 years and old
040 MM#040		Y	Brown Rice (118)		Apples (001)	1% or Skim Milk (2 years and old
041 MM#041			French Toast (016)		Applesauce (002)	1% or Skim Milk (2 years and old
042 MM#042			Pancakes / Waffles (032)		Blueberries (006)	1% or Skim Milk (2 years and old
043 MM#043		Y	Unflavored oatmeal (157)		Orange-Pineapple Juice (075)	1% or Skim Milk (2 years and old
044 MM#044			W/C approved cereal (158)		Fruit Cocktail (017)	1% or Skim Milk (2 years and old
045 MM#045			Muffins (142)		Bananas (004)	1% or Skim Milk (2 years and old
046 MM#046			Muffins (142)		Peaches (035)	1% or Skim Milk (2 years and old
047 MM#047			Grits (083)		Watermelon (052)	1% or Skim Milk (2 years and old
048 MM#048			Corn Tortillas (128)	Pinto Beans (231)		1% or Skim Milk (2 years and old
050 MM#050			Yogurt (183)		Strawberries (047)	1% or Skim Milk (2 years and old
145 MM#145			Egg (161)		Pears (036)	1% or Skim Milk (2 years and old
146 MM#146			Egg (161)		Apples (001)	1% or Skim Milk (2 years and old

Menu Count 46

Master Menus List

Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Lunch/Dinner

<u>#/Name</u>	<u>Meal Food</u>	<u>WG</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
002 M/M#002	Stew Meat - Chicken (04		Pie Crust, Meat/Alt Pie Only,	Peas and Carrots (186)	Apricots (003)	1% or Skim Milk (2 years and old
003 M/M#003	Pork Chops / Cutlet (052	Y	Brown Rice (118)	Carrots (164)	Pineapple (038)	1% or Skim Milk (2 years and old
004 M/M#004	Turkey Lunchmeat / Pro		Multi-grain Bread (030)	Peas and Carrots (186)	Peaches (035)	1% or Skim Milk (2 years and old
005 M/M#005	Tuna (084)		Egg Noodles (102)	Asparagus (153)	Oranges (033)	1% or Skim Milk (2 years and old
006 M/M#006	Ham (051)		Macaroni Noodles (105)	Mixed Vegetables (180)	Apples (001)	1% or Skim Milk (2 years and old
007 M/M#007	Chicken Nuggets (042)		French Bread (015)	French Fries (261)	Strawberries (047)	1% or Skim Milk (2 years and old
008 M/M#008	Beef Franks (001)		Hot Dog Buns (025)	Baked Beans (218)	Kiwi (026)	1% or Skim Milk (2 years and old
010 M/M#010	Beef Ground (002)		Enriched Flour Tortillas (130	Tossed Salad (251)	Apples (001)	1% or Skim Milk (2 years and old
011 M/M#011	Tuna (084)		White Bread-enriched flour (Lettuce and Tomato (178)	Peaches (035)	1% or Skim Milk (2 years and old
012 M/M#012	Ham (051)		Multi-grain Bread (030)	Raw Veggie Plate (201)	Peas (036)	1% or Skim Milk (2 years and old
013 M/M#013	Turkey Ground (100)		Pizza Crust (061)	Green Salad (242)	Tomato Sauce (275)	1% or Skim Milk (2 years and old
014 M/M#014	Chicken Breaded (032)		White Rice (125)	Peas and Carrots (186)	Peaches (035)	1% or Skim Milk (2 years and old
015 M/M#015	Fish Sticks (072)		Rolls (043)	Sweet Potato/Yams (268)	Cole Slaw (167)	1% or Skim Milk (2 years and old
016 M/M#016	Turkey Lunchmeat / Pro		Rolls (043)	Broccoli (161)	Grapes (022)	1% or Skim Milk (2 years and old
017 M/M#017	Cheddar Cheese (117)		White Bread-enriched flour (Broccoli (161)	Apples (001)	1% or Skim Milk (2 years and old
018 M/M#018	Egg (161)	Y	100% Whole Wheat Bread (Potato Wedges (264)	Fresh Tomatoes (276)	1% or Skim Milk (2 years and old
020 M/M#020	Tuna (084)		Noodles (106)	Green Salad (242)	Applesauce (002)	1% or Skim Milk (2 years and old
021 M/M#021	Chicken Breasts (033)		Chow Mein Noodles (101)	Mixed Vegetables (180)	Oranges (033)	1% or Skim Milk (2 years and old
022 M/M#022	Ham (051)		Macaroni Noodles (105)	Peas and Carrots (186)	Apples (001)	1% or Skim Milk (2 years and old
023 M/M#023	Beef Ground (002)		Spaghetti Noodles (111)	Green Salad (242)	Fruit Plate (018)	1% or Skim Milk (2 years and old
024 M/M#024	Turkey Lunchmeat / Pro		White Bread-enriched flour (Corn (168)	Grapes (022)	1% or Skim Milk (2 years and old
025 M/M#025	Stew Meat - Chicken (04		Egg Noodles (102)	Peas and Carrots (186)	Watermelon (052)	1% or Skim Milk (2 years and old
026 M/M#026	Chicken Breasts (033)		Pie Crust, Meat/Alt Pie Only,	Potatoes (266)	Green Salad (242)	1% or Skim Milk (2 years and old
027 M/M#027	Chili Beans (141)		Whole Grain Chips (133)	Green Salad (242)	Strawberries (047)	1% or Skim Milk (2 years and old
028 M/M#028	Peanut Butter & Cheese (White Bread-enriched flour (Broccoli (161)	Carrots (164)	1% or Skim Milk (2 years and old

March 18, 2019

9:49 am

Master Menus List

Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Lunch/Dinner

#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
030 M/M#030	Beef Luncheon/ Proce		Bagel (001)	Mixed Vegetables (180)	Lettuce and Tomato (178)	1% or Skim Milk (2 years and old
031 M/M#031	Clams (066)		Italian Bread (027)	Potatoes (266)	Raw Veggie Plate (201)	1% or Skim Milk (2 years and old
032 M/M#032	Cheddar Cheese (117)		Macaroni Noodles (105)	Green Beans (226)	Nectarines (032)	1% or Skim Milk (2 years and old
033 M/M#033	Spilt Pea Soup (158)		Cornbread or Corn Muffin (Cucumbers (170)	Oranges (033)	1% or Skim Milk (2 years and old
034 M/M#034	Salmon (078)	Y	Quinoa ()	Tomatoes (272)	Mixed Vegetables (180)	1% or Skim Milk (2 years and old
035 M/M#035	Fish Breaded (070)	Y	Wild Rice (126)	Green Beans (226)	Grapes (022)	1% or Skim Milk (2 years and old
036 M/M#036	Mozzarella Cheese (127)		Lasagna Noodles (104)	Tomato Sauce (275)	Green Peas (257)	1% or Skim Milk (2 years and old
037 M/M#037	Egg (161)		Pancakes / Waffles (032)	Peppers, Red (202)	Spinach (248)	1% or Skim Milk (2 years and old
038 M/M#038	Peanut Butter & Meat (1	Y	100% Whole Wheat Bread (Carrots (164)	Apples (001)	1% or Skim Milk (2 years and old
040 M/M#040	Chicken Breaded (032)	Y	Quinoa ()	Green Peas (257)	Pineapple (038)	1% or Skim Milk (2 years and old
041 M/M#041	Beef Ground (002)		Hamburger Buns (023)	Green Beans (226)	French Fries (261)	1% or Skim Milk (2 years and old
042 M/M#042	Cheddar Cheese (117)	Y	100% Whole Wheat Bread (Potato Wedges (264)	Apples (001)	1% or Skim Milk (2 years and old
043 M/M#043	Stew Meat - Beef (025)		Rolls (043)	Mixed Vegetables (180)	Peaches (035)	1% or Skim Milk (2 years and old
044 M/M#044	Stew Meat - Beef (025)		Dumplings (011)	Mixed Vegetables (180)	Bananas (004)	1% or Skim Milk (2 years and old
045 M/M#045	Sausage - Pork (060)		Rolls (043)	Green Beans (226)	Tangerines (048)	1% or Skim Milk (2 years and old
046 M/M#046	Chicken Breasts (033)		Pizza Crust (061)	Tomato Sauce (275)	Green Salad (242)	1% or Skim Milk (2 years and old
047 M/M#047	Pork Chops / Cutlet (052	Y	Brown Rice (118)	Asparagus (153)	Applesauce (002)	1% or Skim Milk (2 years and old
048 M/M#048	Beef Meatballs (007)		Italian Bread (027)	Sweet Potato/Yams (268)	Asparagus (153)	1% or Skim Milk (2 years and old
050 M/M#050	Egg (161)		Biscuits (002)	Hash Browns (262)	Kiwi (026)	1% or Skim Milk (2 years and old
051 M/M#051	Chicken Breasts (033)		Stuffing/Dressing (048)	Sweet Potato/Yams (268)	Spinach (248)	1% or Skim Milk (2 years and old
052 M/M#052	Fish Sticks (072)	Y	Quinoa ()	Carrots (164)	Green Salad (242)	1% or Skim Milk (2 years and old
053 M/M#053	Whole Turkey (107)		Spaghetti Noodles (111)	Green Salad (242)	Potatoes (266)	1% or Skim Milk (2 years and old
054 M/M#054	Chicken Breasts (033)	Y	Brown Rice (118)	Spinach (248)	Carrots (164)	1% or Skim Milk (2 years and old
055 M/M#055	Cheddar Cheese (117)		Enriched Flour Tortillas (130	Pinto Beans (231)	Applesauce (002)	1% or Skim Milk (2 years and old
056 M/M#056	Beef Ground (002)		Lasagna Noodles (104)	Green Beans (226)	Peaches (035)	1% or Skim Milk (2 years and old

March 18, 2019

9:49 am

Master Menus List

Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Lunch/Dinner								
#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food		
057	MM#057 Chicken Stix (043)		Rolls (043)	Raw Veggie Plate (201)	Instant Potatoes (263)	1% or Skim Milk (2 years and old)		
058	MM#058 Salisbury Steak (023)		Croissants (008)	Potatoes (266)	Asparagus (153)	1% or Skim Milk (2 years and old)		
060	MM#060 Fish Sticks (072)		Rolls (043)	Broccoli (161)	Strawberries (047)	1% or Skim Milk (2 years and old)		
061	MM#061 Salmon (078)		Macaroni Noodles (105)	Green Beans (226)	Mandarin Oranges (028)	1% or Skim Milk (2 years and old)		
062	MM#062 Chicken Breasts (033)		White Rice (125)	Green Salad (242)	Mandarin Oranges (028)	1% or Skim Milk (2 years and old)		
063	MM#063 Shrimp (082)		White Rice (125)	Broccoli (161)	Pears (036)	1% or Skim Milk (2 years and old)		
064	MM#064 Chicken Breasts (033)		Hamburger Buns (023)	Sweet Potato/Yams (268)	Cole Slaw (167)	1% or Skim Milk (2 years and old)		
065	MM#065 Beef Ground (002)		Egg Noodles (102)	Broccoli (161)	Carrots (164)	1% or Skim Milk (2 years and old)		
066	MM#066 Shrimp (082)		Noodles (106)	Mixed Vegetables (180)	Cantaloupe (011)	1% or Skim Milk (2 years and old)		
067	MM#067 Navy Beans (151)		Cornbread or Corn Muffin (Green Salad (242)	Peaches (035)	1% or Skim Milk (2 years and old)		
068	MM#068 Colby-Jack Cheese (121)		Enriched Flour Tortillas (130	Corn (168)	Kiwi (026)	1% or Skim Milk (2 years and old)		
070	MM#070 Beef Ground (002)		Rolls (043)	Instant Potatoes (263)	Cauliflower (165)	1% or Skim Milk (2 years and old)		
071	MM#071 Chicken Breasts (033)		Rolls (043)	Spinach (248)	Strawberries (047)	1% or Skim Milk (2 years and old)		
072	MM#072 Pork Chops / Cutlet (052)		Rolls (043)	Baked Beans (218)	Green Salad (242)	1% or Skim Milk (2 years and old)		
073	MM#073 Black Beans (138)		White Rice (125)	Mixed Vegetables (180)	Pears (036)	1% or Skim Milk (2 years and old)		
074	MM#074 Tuna (084)	Y	100% Whole Wheat Bread (Green Salad (242)	Tangerines (048)	1% or Skim Milk (2 years and old)		
075	MM#075 Beef Franks (001)		Cornbread or Corn Muffin (French Fries (261)	Fruit Salad (020)	1% or Skim Milk (2 years and old)		
076	MM#076 Pinto Beans (152)		Spanish Rice (124)	Mixed Vegetables (180)	Green Salad (242)	1% or Skim Milk (2 years and old)		
077	MM#077 Pork Roast (058)	Y	Wild Rice (126)	Green Peas (257)	Blueberries (006)	1% or Skim Milk (2 years and old)		
078	MM#078 Beef Franks (001)		Hot Dog Buns (025)	Green Beans (226)	Fruit Cocktail (017)	1% or Skim Milk (2 years and old)		
080	MM#080 Beef Ground (002)		Fry Bread (022)	Pinto Beans (231)	Kiwi (026)	1% or Skim Milk (2 years and old)		
081	MM#081 Whole Turkey (107)		Stuffing/Dressing (048)	Potatoes (266)	Asparagus (153)	1% or Skim Milk (2 years and old)		
082	MM#082 Chicken Breasts (033)		Stuffing/Dressing (048)	Potatoes (266)	Broccoli (161)	1% or Skim Milk (2 years and old)		
083	MM#083 Roast Beef (021)		Rolls (043)	Cauliflower (165)	English Peas (256)	1% or Skim Milk (2 years and old)		
084	MM#084 Ham (051)		Cornbread or Corn Muffin (Spinach (248)	Apricots (003)	1% or Skim Milk (2 years and old)		

March 18, 2019

9:49 am

Master Menus List

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New Meal Pattern

Meal Type: Lunch/Dinner

#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
085 MM#085	Colby-Jack Cheese (121)		Pizza Crust (061)	Green Salad (242)	Apples (001)	1% or Skim Milk (2 years and old)
086 MM#086	Sausage - Pork (060)		Pancakes / Waffles (032)	Hash Browns (262)	Kiwi (026)	1% or Skim Milk (2 years and old)
087 MM#087	Beef Ground (002)		Hamburger Buns (023)	Scalloped Potatoes (267)	Broccoli (161)	1% or Skim Milk (2 years and old)
088 MM#088	Roast Beef (021)		Sourdough Bread (046)	Peppers, Green (172)	Honeydew Melon (024)	1% or Skim Milk (2 years and old)
100 MM#100	Chicken Breasts (033)		Stuffing/Dressing (048)	Green Peas (257)	Sweet Potato/Yams (268)	1% or Skim Milk (2 years and old)
101 MM#101	Beef Ground (002)		Noodles (106)	Red / Kidney Beans (233)	Cantaloupe (011)	1% or Skim Milk (2 years and old)
102 MM#102	Chicken Breasts (033)		Chow Mein Noodles (101)	Cabbage, Red / White (240)	Oranges (033)	1% or Skim Milk (2 years and old)
103 MM#103	Egg (161)		Enriched Flour Tortillas (130)	Hash Browns (262)	Blueberries (006)	1% or Skim Milk (2 years and old)
104 MM#104	Cheddar Cheese (117)		Pita Bread (036)	Mixed Vegetables (180)	Fruit Salad (020)	1% or Skim Milk (2 years and old)
105 MM#105	Chicken Breasts (033)		Cornbread or Corn Muffin (Great Northern Beans (225)	Honeydew Melon (024)	1% or Skim Milk (2 years and old)
106 MM#106	Ham (051)	Y	Brown Rice (118)	Snow Peas (260)	Pineapple (038)	1% or Skim Milk (2 years and old)
107 MM#107	Ham (051)		Rolls (043)	Potatoes (266)	Watermelon (052)	1% or Skim Milk (2 years and old)
108 MM#108	Chicken Breasts (033)		Enriched Flour Tortillas (130)	Peppers, Green (172)	Watermelon (052)	1% or Skim Milk (2 years and old)
110 MM#110	Turkey Ground (100)		Lasagna Noodles (104)	Spinach (248)	Fruit Plate (018)	1% or Skim Milk (2 years and old)
111 MM#111	Cheddar Cheese (117)		Rolls (043)	Broccoli (161)	Tangerines (048)	1% or Skim Milk (2 years and old)
112 MM#112	Beef Ground (002)		Rolls (043)	Potatoes (266)	Green Beans (226)	1% or Skim Milk (2 years and old)
113 MM#113	Ham (051)	Y	Brown Rice (118)	Peas and Carrots (186)	Oranges (033)	1% or Skim Milk (2 years and old)

Menu Count 92

Master Menus List

Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Snack	#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
	002 MM#002			Pumpkin Bread (143)			1% or Skim Milk (2 years and old)
	003 MM#003	Yogurt (183)		Pretzel, Soft (041)			
	004 MM#004	Peanut Butter & Cheese (Y	100% Whole Wheat Bread (
	005 MM#005	Egg (161)		Combread or Corn Muffin (
	006 MM#006	Cheddar Cheese (117)		Enriched Flour Tortillas (130			
	007 MM#007	Cottage Cheese (122)				Mandarin Oranges (028)	
	008 MM#008					Multi-grain Cracker (207)	
	010 MM#010	Yogurt (183)				Strawberries (047)	
	011 MM#011			Banana Bread (137)			1% or Skim Milk (2 years and old)
	012 MM#012	Yogurt (183)				Raw Veggie Plate (201)	
	013 MM#013					Green Beans (226)	
	014 MM#014	Ham (051)				Pineapple (038)	
	015 MM#015			Raisin Bread (144)			1% or Skim Milk (2 years and old)
	016 MM#016		Y	Whole Wheat-English Muffi		Orange Juice (073)	
	017 MM#017	Egg (161)				Raspberry Juice (086)	
	018 MM#018					Broccoli (161)	
	021 MM#021	Yogurt (183)		Pancakes / Waffles (032)		Pears (036)	
	022 MM#022	Cottage Cheese (122)				Tomatoes (272)	
	023 MM#023	String Cheese (132)				Apples (001)	
	024 MM#024			Macaroni Noodles (105)			1% or Skim Milk (2 years and old)
	025 MM#025	Tuna (084)		White Bread-enriched flour (
	026 MM#026			Pretzel, Hard (040)		Apples (001)	
	027 MM#027					Fruit Plate (018)	
	028 MM#028	Cottage Cheese (122)				Croissants (008)	
	030 MM#030					Peaches (035)	
						WIC approved cereal (158)	1% or Skim Milk (2 years and old)

Master Menus List

Child Day Care Nutrition Program

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Meal Type: Snack	#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
	031 MM#031		Y	Oats (086)			1% or Skim Milk (2 years and old)
	032 MM#032			White Bread-enriched flour (Grapefruit (021)	
	033 MM#033			Wheat Thins (075)		Apple Juice (054)	
	034 MM#034			Muffins (142)			1% or Skim Milk (2 years and old)
	035 MM#035			Cottage Cheese (122)		Strawberries (047)	
	036 MM#036			Pancakes / Waffles (032)			1% or Skim Milk (2 years and old)
	037 MM#037			Ham (051)		Biscuits (002)	
	038 MM#038			Egg (161)		Muffins (142)	
	040 MM#040			String Cheese (132)		Tomato Juice / V8 (100)	
	041 MM#041		Y	Tuna (084)		100% Whole Wheat Bread (
	042 MM#042					Fruit Cocktail (017)	1% or Skim Milk (2 years and old)
	043 MM#043					Animal Crackers (127)	1% or Skim Milk (2 years and old)
	044 MM#044			Peanut Butter & Egg (16		Multi-grain Bread (030)	
	045 MM#045					Club Crackers (146)	Cranberry / Combinations Juice (06
	046 MM#046					Carrots (164)	Apricots (003)
	047 MM#047			Yogurt (183)			1% or Skim Milk (2 years and old)
	048 MM#048					Graham Crackers (134)	1% or Skim Milk (2 years and old)
	050 MM#050			Beef Franks (001)		Macaroni Noodles (105)	
	051 MM#051					French Toast (016)	Strawberries (047)
	052 MM#052		Y	Egg (161)		Whole Wheat-English Muffi	
	053 MM#053					Rice A Roni (122)	Peas and Carrots (186)
	054 MM#054			Yogurt (183)		Bran Muffins (003)	
	055 MM#055			Mozzarella Cheese (127)		Pizza Crust (061)	
	056 MM#056					Gold Fish Crackers (117)	Applesauce (002)
	057 MM#057		Y	Cheddar Cheese (117)		100% Whole Wheat Bread (

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Child Day Care Nutrition Program

New Meal Pattern

Meal Type: Snack	#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
	058 M/M#058	String Cheese (132)		Cornbread or Corn Muffin (
	060 M/M#060			Italian Bread (027)	Tomatoes (272)		
	061 M/M#061	Colby Cheese (120)	Y	100% Whole Wheat Bread (
	063 M/M#063				Raw Veggie Plate (201)	Grape Juice (067)	
	065 M/M#065	Peanut Butter - Snack (1		Rice Cakes (123)			
	067 M/M#067			Pretzel, Hard (040)		Popsicles (100% Juice ONLY) (08	
	068 M/M#068	Chili Beans (141)			Potatoes (266)		
	070 M/M#070	Whole Turkey (107)		Biscuits (002)			
	072 M/M#072		Y	Whole Wheat-English Muffi		Kiwi (026)	
	075 M/M#075			Zucchini Bread (145)			1% or Skim Milk (2 years and old
	076 M/M#076		Y	100% Whole Wheat Bread (Strawberries (047)	
	077 M/M#077		Y	Regular Cheerios (156)			1% or Skim Milk (2 years and old
	078 M/M#078	String Cheese (132)				Pears (036)	
	081 M/M#081			Bagel (001)		Berry Juicy Juice (061)	
	082 M/M#082		Y	Triscuit Crackers (063)		Grapes (022)	
	083 M/M#083			Bran Muffins (003)			1% or Skim Milk (2 years and old
	086 M/M#086	Yogurt (183)		White Bread-enriched flour (
	100 M/M#100		Y	Unflavored oatmeal (157)			1% or Skim Milk (2 years and old
	101 M/M#101			Ramen Noodles (108)	Raw Veggie Plate (201)		
	102 M/M#102	Refried Beans (155)		Enriched Flour Tortillas (130			
	103 M/M#103			Ramen Noodles (108)		Cranberry / Combinations Juice (06	
	105 M/M#105			Banana Bread (137)		Apples (001)	
	106 M/M#106			Ritz Crackers (081)		Pears (036)	
	107 M/M#107					Applesauce (002)	1% or Skim Milk (2 years and old
	108 M/M#108			Noodles (106)	Raw Veggie Plate (201)		

Master Menus List Child Day Care Nutrition Program

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#/Name	Meat Food	WG	Bread Food	First Veg/Fruit	Second Veg/Fruit	Milk Food
110 MM#110			Bread Sticks (004)		Cranberry / Combinations Juice (06	
111 MM#111			Bread Sticks (004)	Green Salad (242)		
112 MM#112	Com Dog (016)				Apple Juice (054)	
113 MM#113			Bran Muffins (003)		Apple Juice (054)	
114 MM#114	Colby-Jack Cheese (121)		Pita Bread (036)			
115 MM#115			White Bread-enriched flour (Orange Juice (073)	
116 MM#116			Banana Bread (137)			1% or Skim Milk (2 years and old
117 MM#117	Cottage Cheese (122)				Pears (036)	
118 MM#118					Bananas (004)	1% or Skim Milk (2 years and old
120 MM#120	Pork Lunchmeat / Proces		Club Crackers (146)			
122 MM#122	Cottage Cheese (122)			Raw Veggie Plate (201)		
123 MM#123			Bread Sticks (004)	Spaghetti Sauce (206)		
125 MM#125			Graham Crackers (134)		Bananas (004)	
126 MM#126			Zucchini Bread (145)	Carrots (164)		
127 MM#127					Bananas (004)	1% or Skim Milk (2 years and old
128 MM#128	Yogurt (183)				Pineapple (038)	
131 MM#131	String Cheese (132)		Saltine Crackers (114)			
132 MM#132		Y	Life Cereal (212)			1% or Skim Milk (2 years and old
134 MM#134			Bagel (001)			1% or Skim Milk (2 years and old
135 MM#135	Egg (161)		Bagel (001)			
136 MM#136					Strawberries (047)	1% or Skim Milk (2 years and old
137 MM#137	Turkey Lunchmeat / Pro		Rolls (043)			
138 MM#138			White Bread-enriched flour (Apples (001)	
140 MM#140			Pretzel, Hard (040)		Orange Juice (073)	
142 MM#142			Saltine Crackers (114)		Orange-Banana Juice (074)	

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Meal Type: Snack						
<u>#/Name</u>	<u>Meat Food</u>	<u>WG</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
143 MM#143	Yogurt (183)				Fruit Salad (020)	
144 MM#144			Pretzel, Hard (040)	Raw Veggie Plate (201)		
Menu Count 102						