

6-12

1 oz.

6

2 oz.

12

12

3-5

½ oz.

3

3

9

1.5 oz.

Snack

Meat/meat alternate-

# pieces you would need

1-2

½ oz.

3

3

1 oz.

6

6

	<b>X</b>		to offer
Product Name:	Gorton's Bread	ded Fish Sticks made from mince	Grain-# pieces you would need to offer
			Lunch/Supper
Product Code:	44400 15430	Size: $12+ct-7.6$ oz box	Meat/meat alternate
Product Code.	44400 15460	Size: $30 + ct - 19.0$ oz box	amount required
		Size: 18+ ct - 11.4 oz box	Meat/meat alternate-
	44400 15650	Size. 10   0t 1111	# pieces you would need
			to offer
_	a Olo	ovester MA 01930	Grain-# pieces you would
Distributed by:	Gorton's, Gio	oucester, MA 01930	need to offer
			<u> </u>
v : «XI-dation (	of Fish Used in l	Product: Minced Pollock	
List varieues	)		, co utials
	0.1.7	d Droduct (as nurchased)	0.60 oz per stick
Total Weight r	$_{ m per}$ Portion of $\cup$	ncooked Product (as purchased)	
TOtal trovages r		1	
	r: 1 - Dorti	on: 0.30 oz raw fish per stick	
Weight of Ray	w Fish per Politi	011. 0.30 02	
		30  oz x  75%  cooking yield = 0.22	oz ner stick x 3
y4 *	-Lant Meat 03	$_{50 \text{ oz x}}$ 75% cooking yield = 0.22	Or per stross
Ounces Equiv	atent Meat. 0.2		
sticks/serving	== 0.66 oz/servi	ng	
0 **			
	Altomode'		
Bread/Bread	Aucmate.		
		6.15g breading = 5 g creditable grain per serving	= 0.42 servings
2 05 a breadir	o x 3 sticks =_	6.15g breading	
Z.OJB Oteaun	14.7	5 g creditable grain per serving	
	1 1		
		4.60g better =	0.31 servings
1 54a Armbat	tter x 3 sticks =	4.62g batter =	คราร์ เรเ
1.348 ary on	CPV2 43 = -	14.75 g creditable grain per se	1 A 1111 P
			- no in a of hroad
		ervings batter = 0.73 serving rou	ids to 0.50 servings of bread
0.42 serving	bread + 0.31 se	grvings batter - 0.75 sections	
V.42 301 VIII.B			

I certify that the above information is true and correct and that Three fried breaded minced fishesticks (0.60 oz. each) provide 0.50 oz equivalent meat and 0.50 servings of bread alternate for Child Nutrition Meal Pattern Requirements.

Quality Assurance Manager - Regulatory Martha R. Wiberg Title Signature

January 21, 2013 Date

alternate



Product Name: Gorton's Value Pack Battered Fish Fillets made from minced fish

Product Code: 44400 11250 Size: 12 ct – 24.5 oz box

Distributed by: Gorton's, Gloucester, MA 01930

List Varieties of Fish Used in Product: Minced Pollock

Total Weight per Portion of Uncooked Product (as purchased): 2.0 oz per portion

Weight of Raw Fish per Portion: 0.94 oz raw fish per portion

Ounces Equivalent Meat: 0.94 oz x 75% cooking yield = 0.71 oz per portion = 0.50 oz/serving

I certify that the above information is true and correct and that One fried battered fish fillets (2.0 oz. each) provide 0.50 oz equivalent meat for Child Nutrition Meal Pattern Requirements.

Martha R. WibergQuality Assurance Manager – RegulatorySignatureTitle

January 21, 2013 Date

Snack	1-2	3-5	6-12
Meat/meat alternate amount required	1/2 oz.	½ oz.	1 oz.
Meat/meat alternate- # pieces you would need to offer	1	1	2
Grain-# pieces you would need to offer	ſ	Vot credib	le
Lunch/Supper	1		
Meat/meat alternate amount required	1 02.	1.5 oz.	2 oz.
Meat/meat alternate- # pieces you would need to offer	2	3	4
Grain-# pieces you would need to offer	Not credible		



6-12

1 02.

6

6

2 oz.

12

12

1-2

½ oz.

3

1 oz.

6

6

Snack

Meat/meat alternate-# pieces you would need

Grain-# pieces you would

Lunch/Supper

# pieces you would need

Grain-# pieces you would

Meat/meat alternate

amount required Meat/meat alternate-

to offer

need to offer

need to offer

3-5

1.5 oz.

9

q

½ oz.

3

Product Name:	Gorton's Breaded Fish Sticks made from minced fish	-
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44400 10350 Size: 115 ct - 4 lb (1.8kg) bag Product Code: 44400 10270 Size: 44 ct - 24.5 oz bag

44400 10460 Size: 115 ct - 4 lb (1.8kg) bag

Distributed by: Gorton's, Gloucester, MA 01930

List Varieties of Fish Used in Product: Minced Pollock

Total Weight per Portion of Uncooked Product (as purchased): 0.54 oz per stick

Weight of Raw Fish per Portion: 0.27 oz raw fish per stick

Ounces Equivalent Meat: 0.27 oz x 75% cooking yield = 0.20 oz per stick x 3

sticks/serving = 0.60 oz/serving = 0.50 oz equivalent meat

Bread/Bread Alternate:

2.21g breading x 3 sticks = 6.63g l 14.75 g creditab	breading = ble grain per serving	0.45 servings
---	-------------------------------------	---------------

1.26g dry batter x 3 sticks = 
$$\frac{3.78g \text{ batter}}{14.75 \text{ g creditable grain per serving}} = 0.26 \text{ servings}$$

0.45 serving bread + 0.26 servings batter = 0.71 serving bread alternate = rounded down to 0.50 servings

I certify that the above information is true and correct and that Three fried breaded minced fish sticks (0.54 oz. each) provide 0.50 oz equivalent meat and 0.50 servings of bread alternate for Child Nutrition Meal Pattern Requirements.

Martha R. Wiberg Signature	Quality Assurance Manager – Regulatory Title
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January 21, 2013 Date



Product Name: Fisherman's Catch Breaded Fish Sticks

Product Code: 44400 10550 Size: Net Wt 2 lb (32oz)

Distributed by: Gorton's, Gloucester, MA 01930

#### I. Meat/Meat Alternate:

List Varieties of Fish Used in Product: Pollock

Total Weight per Portion of Uncooked Product (as purchased): 0.97 oz per stick

Weight of Raw Fish per Portion: 0.57 oz raw fish per stick

Ounces Equivalent Meat: 0.57 oz x 78% cooking yield = 0.44 oz equivalent meat x 3 sticks =

1.25 oz equivalent meat

#### II. Bread Alternate:

3 sticks x 3.46 g breading = 0.70 servings 14.75 g creditable grain per serving

3 sticks x 1.23 g batter = 0.25 servings = 14.75 g creditable grain per serving

3 sticks x  $\frac{0.27 \text{ g duster}}{14.75 \text{ g creditable grain per serving}} = 0.05 \text{ servings}$ 

0.70 serving bread + 0.25 servings batter + 0.05 servings duster = 1.00 serving bread alternate

I certify that the above information is true and correct and that Three fried breaded fish sticks (0.97 oz. each) provide 1.25 oz equivalent meat and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements.

Martha R. Wiberg Signature Quality Assurance Manager – Regulatory

Title

January 21, 2013

Date

128 Rogers Street, Gloucester, MA 01930 978-283-3000

5nack	1-2	3-5	6-12
Meat/meat alternate amount required	% oz.	½ oz.	1 oz.
Meat/meat alternate- # pieces you would need to offer	2	2	3
Grain-# pieces you would need to offer	2	2	3
Lunch/Supper			
Meat/meat alternate amount required	1 oz.	1.5 02.	2 oz.
Meat/meat alternate- # pieces you would need to offer	3	5	5
Grain-# pieces you would need to offer	3	5	5



1-2

½ oz.

1

1 oz.

2

2

3-5

½ oz.

1

1

3

1.5 oz.

6-12

1 oz.

2

2

2 oz.

4

4

	CHILI	NUTRI	TION INFORMATION	
			THE CHANGE IN THE	Snack
Product Name:	Garton's Duce	A. J. 201 1 . r	Drift .	Meat/meat alternate
* 100 act 1 tallo,	Oottou s Diea	aea rish i	fillets	amount required
D 1 -				Meat/meat alternate-
Product Code:	44400 15480	Size: 4 d	ct – 7.6 oz box	# pieces you would need to offer
	44400 15450		ct - 19.0 oz box	Grain-# pieces you would
	44400 15600	Circ. C	Ct = 19.0 OZ DOX	need to offer
		91Z0: 0 C	x - 11.4 oz box	Lunch/Supper
	44400 19400	Size: 30	ct - 4 lb bag	Meat/meat alternate
			_	amount required
Distributed by:	Gorton's, Glou	icester M	A 01030	Meat/meat alternate-
*	, 5754		11 01930	# pieces you would need
Liet Variation of	NOTE FOR THE SE			to offer
List Varieties of	rish Used in Pr	roduct: P	ollock	Grain-# pieces you would
			The state of the s	need to offer
Total Weight per	Portion of Unc	ooked Pra	oduct (as purchased): 1.9	
			radict (as parchased). 1.9	oz per portion
Weight of Raw E	lich per Portion	. 0.00	C. I	
Bik Of IttiW I	man bet rottion:	0.92 oz	raw fish per portion	
0 70				
Ounces Equival	ent Meat: 0.92	oz x 78%	cooking yield = 0.71 oz j	nor novice - 2
portions/serving	= 1.25 oz/servin	10	0.71 02	per portion x Z
		<del>-</del> 5		
Bread/Bread Alt	F. 1. 2. 2. 2. 2. 2. 2. 2. 2. 2. 2. 2. 2. 2.			
YN CHAN IN CHA TH	.crnate:			
0.4.1				
8.4g breading x 2	portions =	_16.8 g b	reading = 1.14	Servinge
	14.75 %	reditable	grain per serving	ser amgs
		odrabio.	Eram ber serving	
6 ya dry bottor v	) nortions	1.2	0 1	
o.og dry batter x 2	portions = _		.8 g batter = 0.94 s	servings
	14.	.75 g cred	itable grain per serving	C
1.14 serving bread	l + 0.94 serving	s hatter =	2.08 serving bread alterna	. h
	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	· · · · · · · · · · · · · · · · · · ·	2.00 serving bread anema	<u>ne</u>
Looding to				
r certify that the at	ove intermatio	n is true a	nd correct and that Two f	ried breaded fish
fillets (1.9 oz. eacl	h) provide 1.25	oz equiv	alent meat and 2.0 servi	nos of broad
alternate for Chil	d Nutrition Ma	eal Patter	n Remiramente	ago or or cau
			a and quist bisselles.	
Mouth a D 1110				
Martha R. Wiberg			Quality Assurance Mana	iger – Regulatory
Signature			Title	<u> </u>
January 21, 2013				
Date				
Date				

128 Rogers Street, Gloucester, MA 01930 978-283-3000



Product Name: Gorton's All Natural Breaded Fish Sticks

Product Code: 44400 10400 Size: 3 lb

Distributed by: Gorton's, Gloucester, MA 01930

## I. Meat/Meat Alternate:

List Varieties of Fish Used in Product: Pollock

Total Weight per Portion of Uncooked Product (as purchased): 0.54 oz per stick

Weight of Raw Fish per Portion: 0.27 oz raw fish per stick

Ounces Equivalent Meat: 0.27 oz x 75% cooking yield (FBG pg 1-54) x 3 fish sticks =

0. 61 oz equivalent meat = 0. 50 oz equivalent meat

I certify that the above information is true and correct and that Three fried breaded minced fish sticks (0.54 oz. each) provide 0.50 oz equivalent meat for Child Nutrition Meal Pattern Requirements.

Martha R. Wiberg Signature

January 21, 2013 Date

Quality Assurance Manager - Regulatory

Title

Snack	1-2	3-5	6-12
Meat/meat alternate amount required	% oz.	½ oz.	1 oz.
Meat/meat alternate- # pieces you would need to offer	3	3	6
Grain-# pieces you would need to offer	Not credible		
Lunch/Supper			<u> </u>
Meat/meat alternate amount required	1 oz.	1.5 oz.	2 07.
Meat/meat alternate- # pieces you would need to offer	6	9	12
Grain-# pieces you would need to offer	Not credible		