 

|  |  |  |  |
| --- | --- | --- | --- |
| **Snack** | **1-2** | **3-5** | **6-12** |
| Meat/meat alternate amount required  | ½ oz. | ½ oz. | 1 oz. |
| Meat/meat alternate- # pieces you would need to offer  | 3 | 3 | 6 |
| Grain-# pieces you would need to offer | 3 | 3 | 6 |
| **Lunch/Supper** |  |  |  |
| Meat/meat alternate amount required | 1 oz.  | 1.5 oz. | 2 oz. |
| Meat/meat alternate- # pieces you would need to offer | 6 | 9 | 12 |
| Grain-# pieces you would need to offer | 6 | 9 | 12 |



**Van de Kamp’s whole fillets crunchy fish sticks 24.6 oz**

|  |  |  |  |
| --- | --- | --- | --- |
| **Snack** | **1-2** | **3-5** | **6-12** |
| **Meat/meat alternate amount required**  | **½ oz.** | **½ oz.** | **1 oz.** |
| **Meat/meat alternate-** **# pieces you would need to offer**  | **3** | **3** | **6** |
| **Grain-# pieces you would need to offer** | **Not credible** |
| **Lunch/Supper** |  |  |  |
| **Meat/meat alternate amount required** | **1 oz.**  | **1.5 oz.** | **2 oz.** |
| **Meat/meat alternate-** **# pieces you would need to offer** | **6** | **9** | **12** |
| **Grain-# pieces you would need to offer** | **Not credible** |

**Western Family Crunchy**

**Minced Pollock fish sticks 24 oz.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Snack** | **1-2** | **3-5** | **6-12** |
| **Meat/meat alternate amount required**  | **½ oz.** | **½ oz.** | **1 oz.** |
| **Meat/meat alternate-** **# pieces you would need to offer**  | **3** | **3** | **5** |
| **Grain** | **Not credible** |
| **Lunch/Supper** |  |  |  |
| **Meat/meat alternate amount required** | **1 oz.** | **1.5 oz.** | **2 oz.** |
| **Meat/meat alternate-** **# pieces you would need to offer** | **5** | **8** | **10** |
| **Grain-** | **Not credible** |