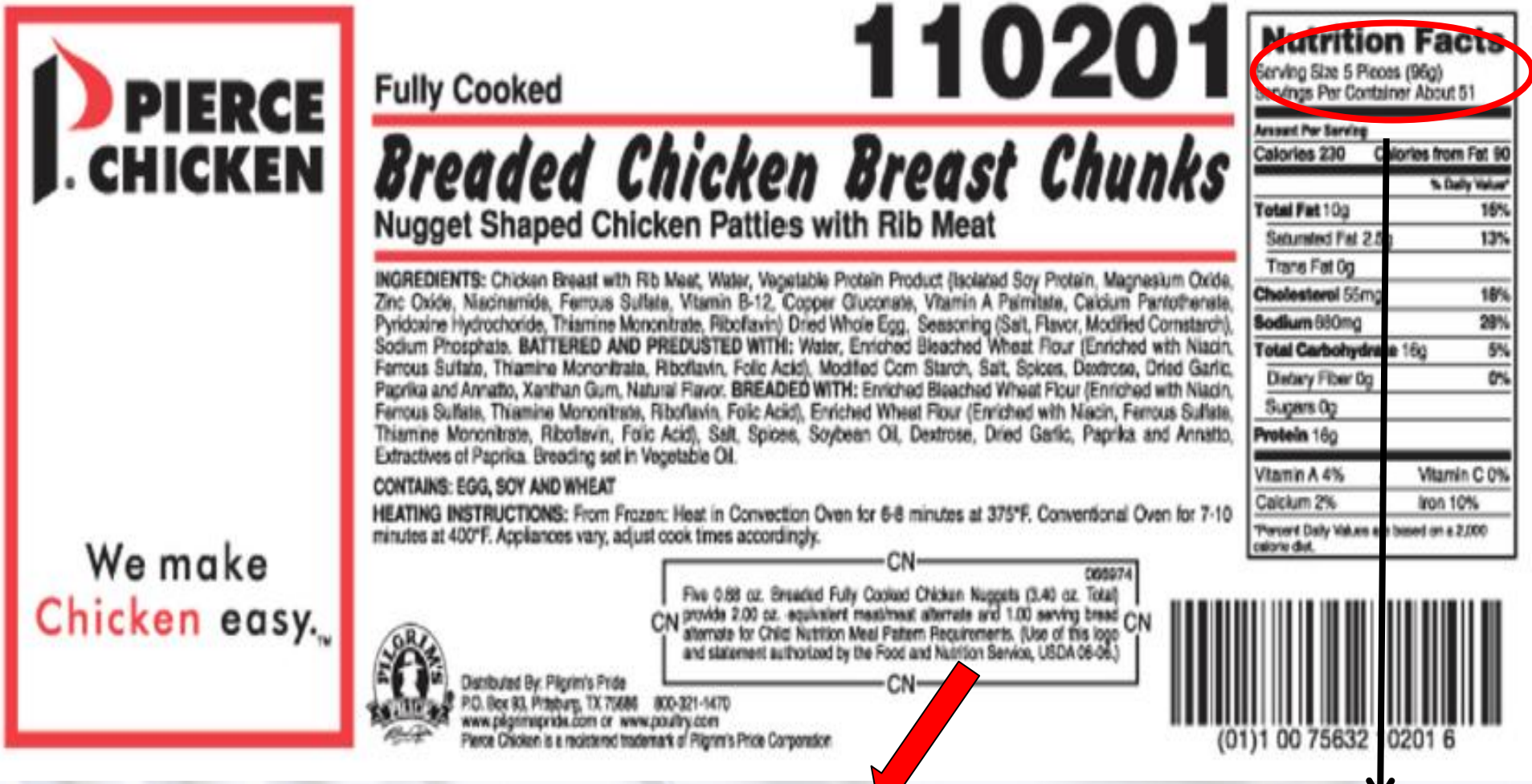
Child Nutrition (CN) Labels and Crediting Foods

Child Nutrition (CN) Label

- The CN label states a product's contribution toward the CACFP meal pattern requirements.
- When products are combinations of ingredients such as chicken nuggets, corn dogs or pizza purchased, there is no way to disassemble the product and weigh and measure the ingredients to determine the amount of M/MA, F/V and/or G/B that may be credited.
- CN labels provide this necessary crediting information.

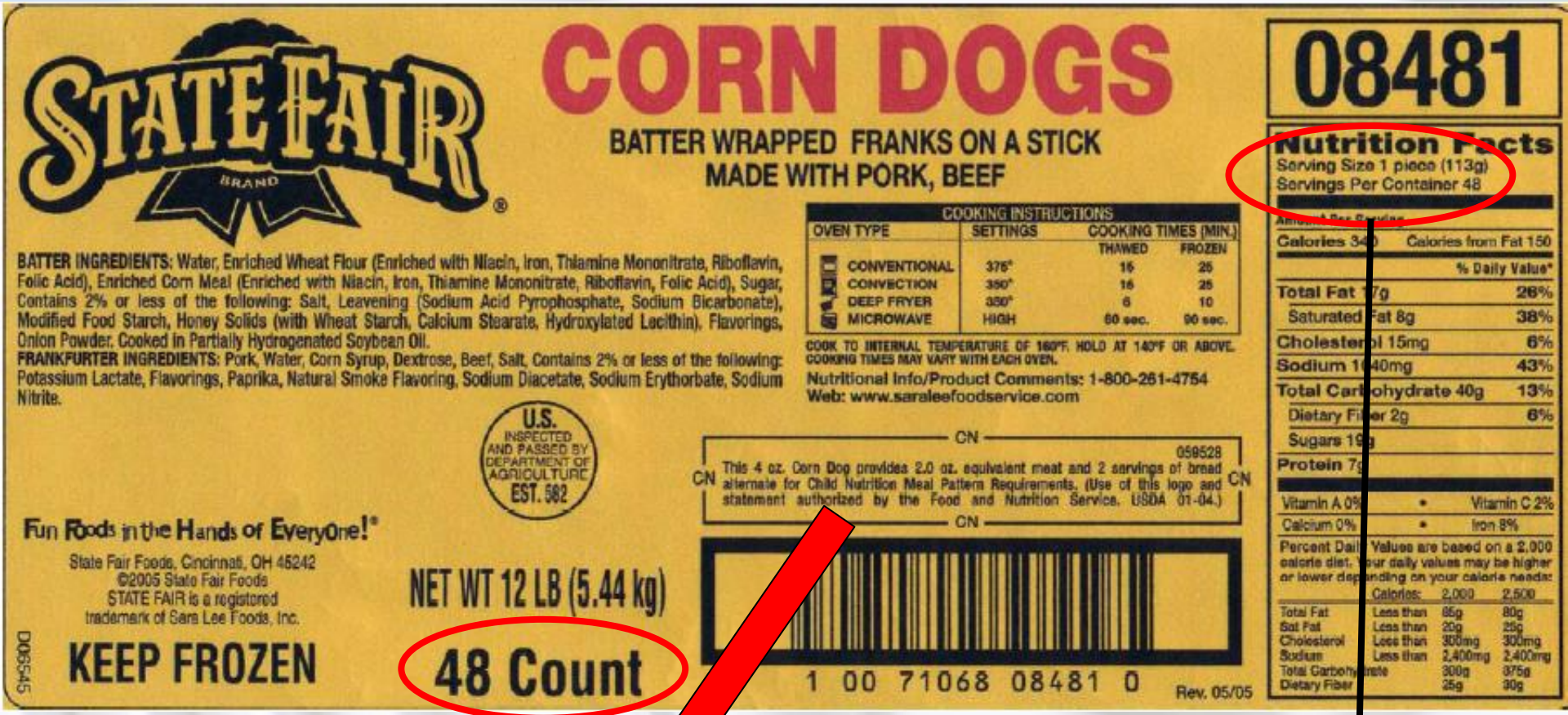
Product Analysis Sheet

- A combination food may also be credited when a product analysis sheet is on file.
- It must include a statement of the amount of cooked lean meat/meat alternate, bread/bread alternate and/or fruit/vegetable components in each serving of the food.
- This sheet must be signed by an official of the manufacturer (not a salesperson).



Five .88oz breaded fully cooked chicken nuggets (2.43 oz Total) provide 2.00 oz equivalent meat/meat alternate and 1.00 serving bread alternate for Child Nutrition Meal Pattern Requirements.

5 nuggets/serv x
51 serv/bag =
255 nuggets/bag



This 4 oz Corn Dog provides 2.0 oz equivalent meat and 2 servings bread alternate for Child Nutrition Meal Pattern Requirements.

1 corn dog/serv X
48 serv/bag =
48 corn dogs/bag

50103

Turkey Breakfast Sausage Links

BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR
MILD * READY TO COOK

INGREDIENTS: TURKEY, WATER, SALT, DEXTROSE, SPICES, SUGAR, BHT, CITRIC ACID, NATURAL EDIBLE BEEF CASING.

COOKING INSTRUCTIONS: GRILL COOK FROM FROZEN STATE ON MEDIUM HEAT, TURNING TO COOK EVENLY ON BOTH SIDES. COOK UNTIL DONE (NOT PINK IN CENTER). IF LINKS BEGIN TO STICK DUE TO THEIR LOW FAT CONTENT, ADD A SMALL AMOUNT OF COOKING OIL.

BAKE: PREHEAT OVEN TO 400°F PLACE SAUSAGES IN LIGHTLY OILED BAKING PAN. BAKE 15 TO 18 MINUTES, TURNING HALFWAY THROUGH, UNTIL FULLY COOKED (NOT PINK IN CENTER).

BROIL: BROIL SAUSAGE LINKS 6" TO 8" FROM HEAT SOURCE 15 MINUTES TURNING TWO THIRDS WAY THROUGH UNTIL FULLY COOKED (NOT PINK IN CENTER). **KEEP FROZEN UNTIL READY FOR USE. FOLLOW COOKING INSTRUCTIONS ON LABEL.**

SAFE HANDLING INSTRUCTIONS

This product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

Keep refrigerated or frozen. Thaw in refrigerator or microwave.

Keep raw meat and poultry separate from other foods. wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.

Cook thoroughly.

Keep hot foods hot. Refrigerate leftovers immediately or discard.

CN

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Two 1oz. Turkey Breakfast Sausage Links when cooked provides 1.25oz. equivalent meat for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 04-00).

CN CN CN

KEEP FROZEN

PERDUE FARMS, INCORPORATED
SALISBURY, MD 21802

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-369

CONTAINS 160 LINKS

NET WT. 10 LBS.

Sample Cheat Sheet

	1-2 year olds	3-5 year olds	6-12 year olds
Entrees			
Chicken nuggets (name brand)	3 each	4 each	5 each
Fish Sticks (name brand)	6	9	12
Mini Corn Dogs (name brand)	4	6	8
Snack Items, Grain/Breads			
Cheese Snack Crackers	10	10	20
Graham Crackers	3 crackers (3/4 sheet)	3 crackers (3/4 sheet)	6 crackers (1 ½ sheets)
Saltine Crackers	3	3	6
Fruits and Vegetables			
Bananas, large (1/2 banana = ¼ cup)	¼ banana	½ banana	1 banana
Grapes (Seedless) (7 large grapes = ¼ cup)	4 grapes	7 grapes	10 grapes

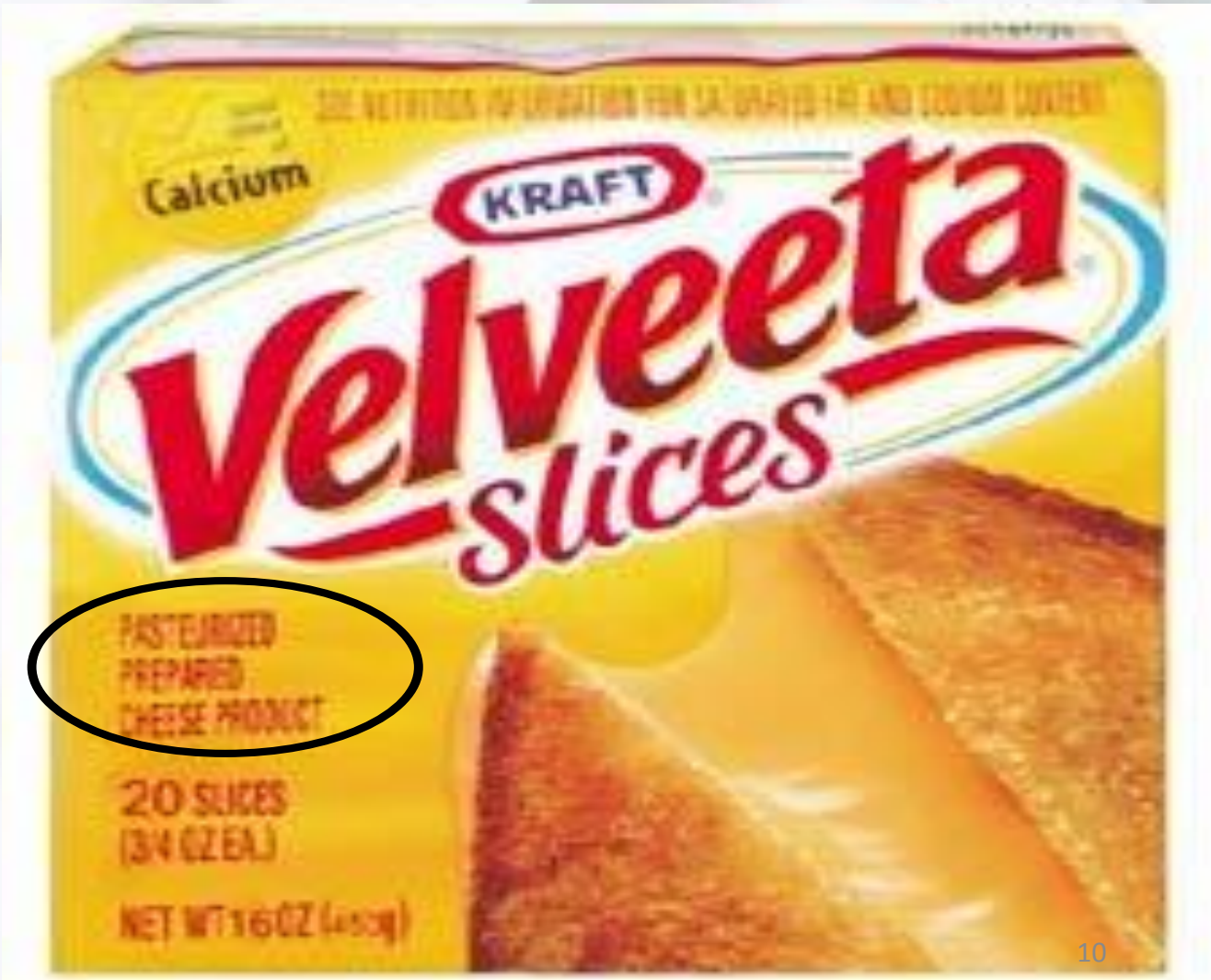
Wisconsin Department of Public Instruction
LUNCH/SUPPER PRODUCTION RECORDS
PI-1488 Side 1 (Rev. 8/05)

				Week of: 7/5/10	Prepared by: J. Jones
Lunch/Supper		Component	Foods Used	Amounts Prepared	Comments
MONDAY		M/MA	Hamburger	5 lbs	(raw)
Meal Count		F/V	Tomato Sauce	6	(15 oz can)
1 & 2	7	F/V	Mixed Fruit	4	(#10 can, drained)
3 to 5	13	GR/B	Spaghetti Noodles	3 lbs	(uncooked)
6 to 12	9	Milk	1%	2 gals	
Adult	5	Other			(Entrée-spaghetti w/meat sauce)
TUESDAY		M/MA	Chicken Nuggets	150	(CN Label) 1 bag (255 nuggets)
Meal Count		F/V	Carrots	3 cups	(fresh, baby)
1 & 2	7	F/V	Peaches	4 cans	(29 oz can, drained)
3 to 5	13	GR/B	Breading		(see chicken nuggets)
6 to 12	9	Milk	1%	2 gals	
Adult	5	Other			

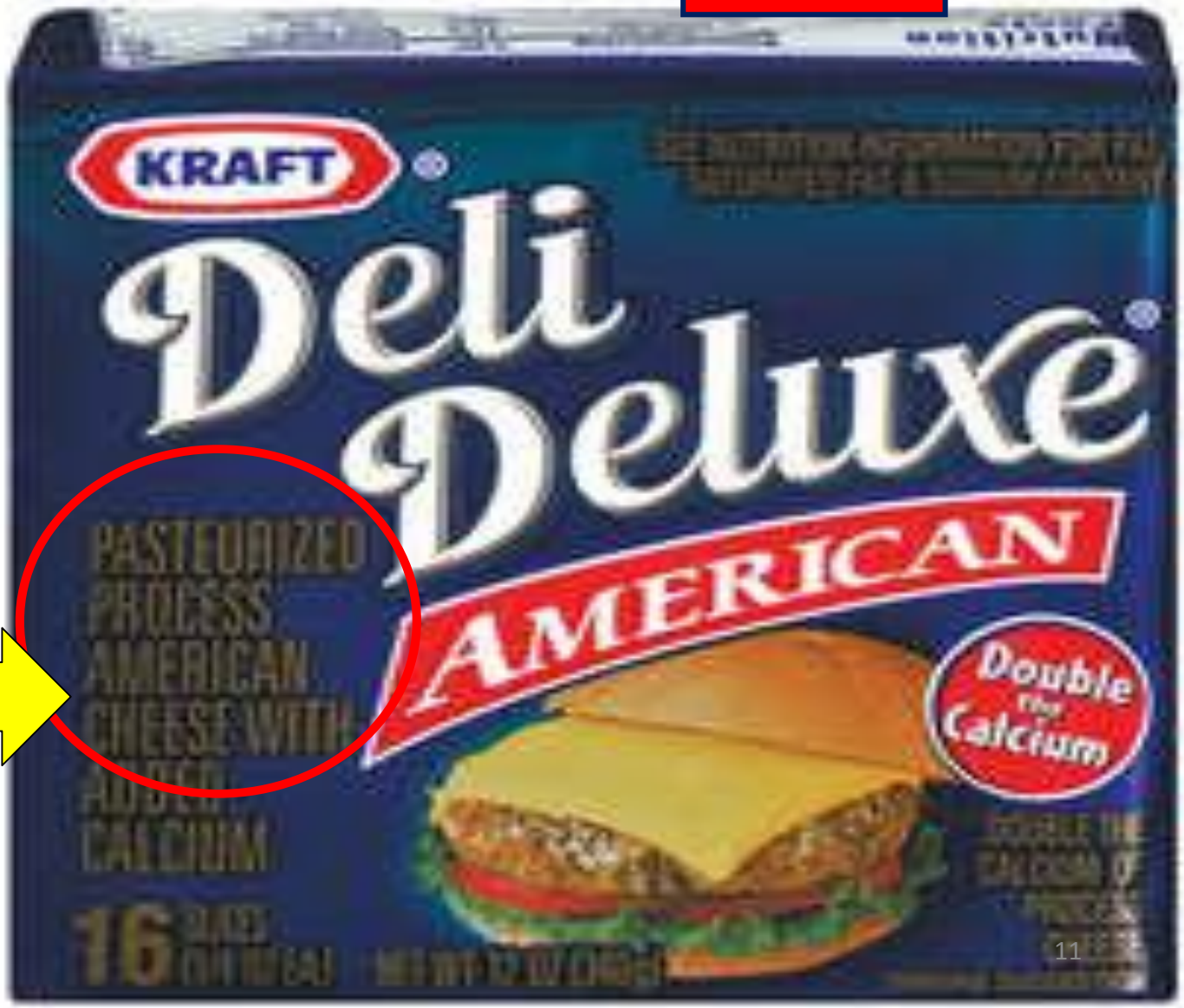
Crediting Cheeses
A Quiz…

Is this creditable? No

Pasteurized Prepared Cheese Product

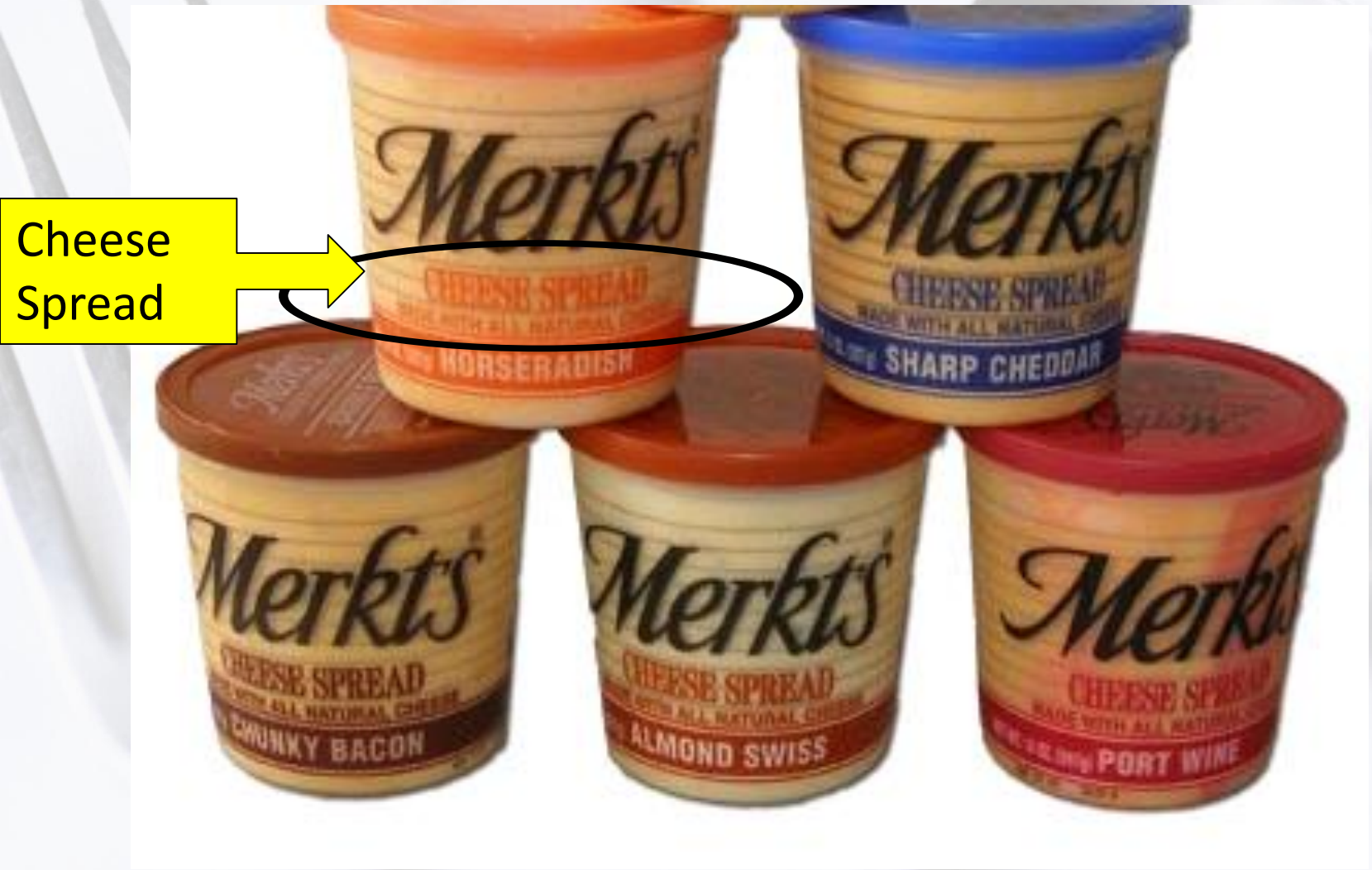


Is this creditable? Yes



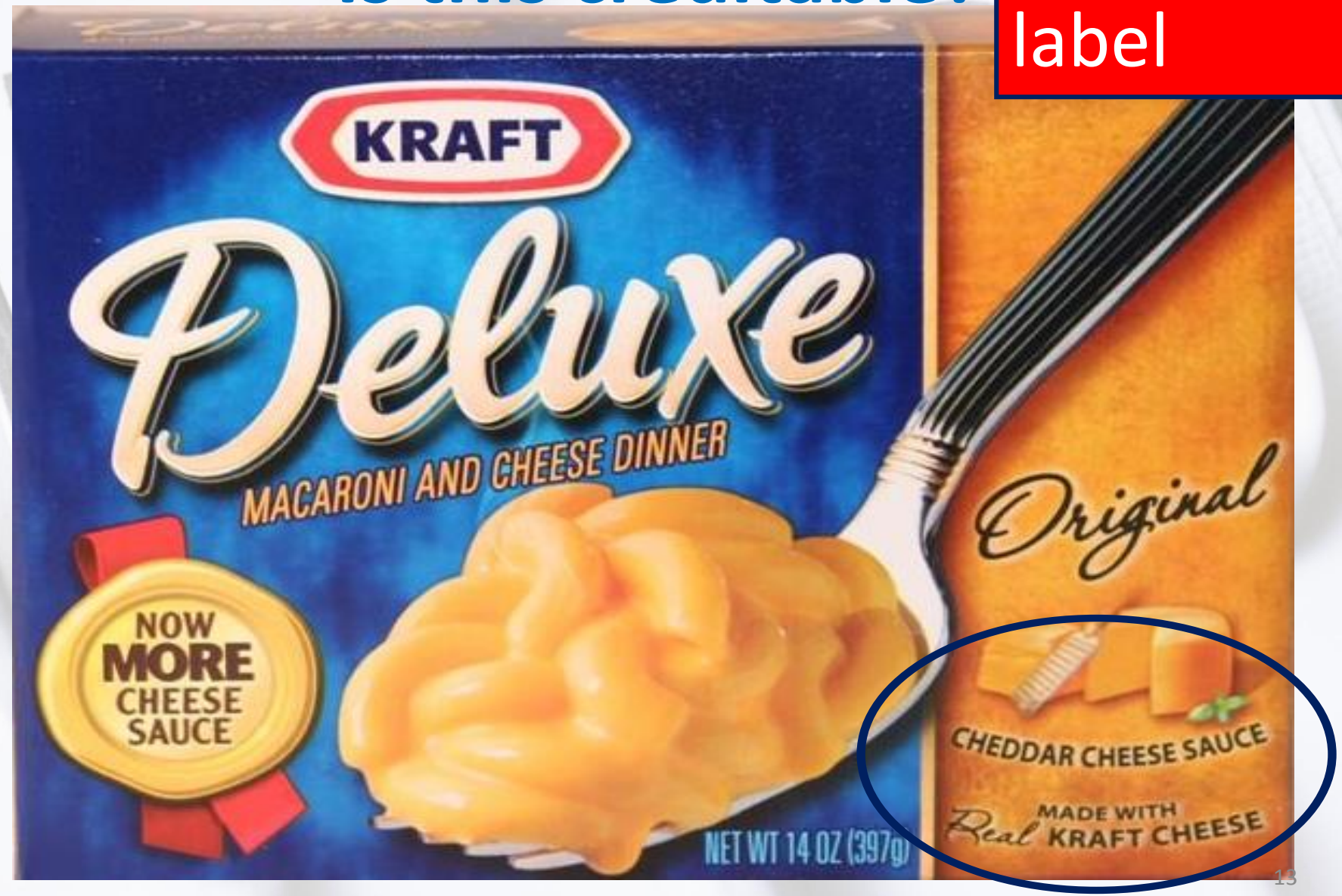
Pasteurized Process American Cheese

Is this creditable? Yes



Is this creditable?

Need CN label



EAST SIDE ENTREES™
CHEESE SAUCE

INGREDIENTS: Water, American Cheese ([milk, salt, cheese culture, enzymes]; water, cream, sodium citrate, sodium phosphate, salt, annatto color, oleoresin, paprika), Cheddar Cheese (cultured pasteurized milk, salt, enzymes, apocarolenal), Modified Food Starch, Salt, Turmeric, Annatto.

CN

056218

Each 5lb. pouch contains twenty 4 oz. servings. Each 4 oz. serving (by weight) of Cheese Sauce provides 2.0 oz. equivalent meat alternate for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08/02).

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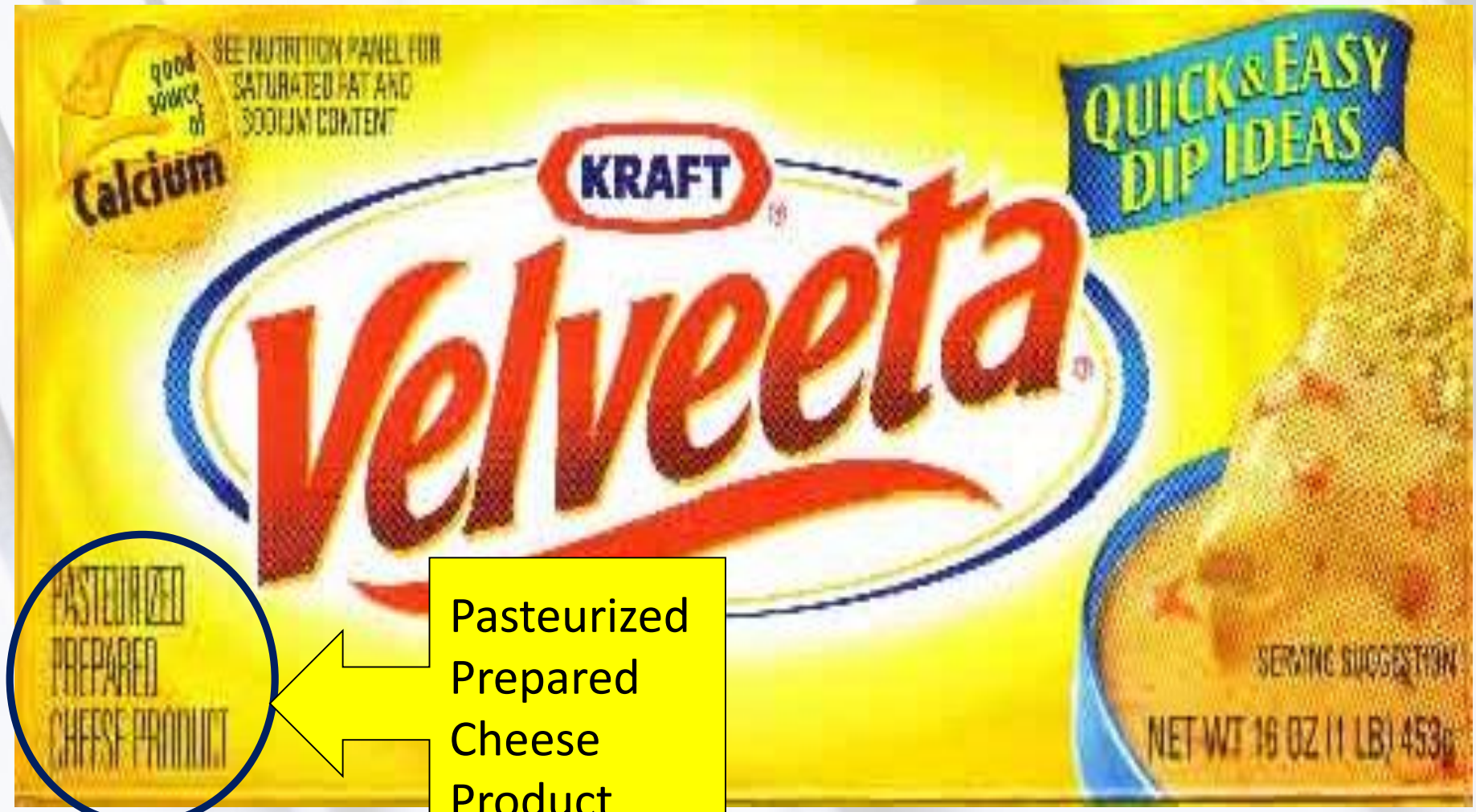
CN

INSPECTED BY THE
U.S. DEPT. OF AGRICULTURE
IN ACCORDANCE WITH
FNS REQUIREMENTS

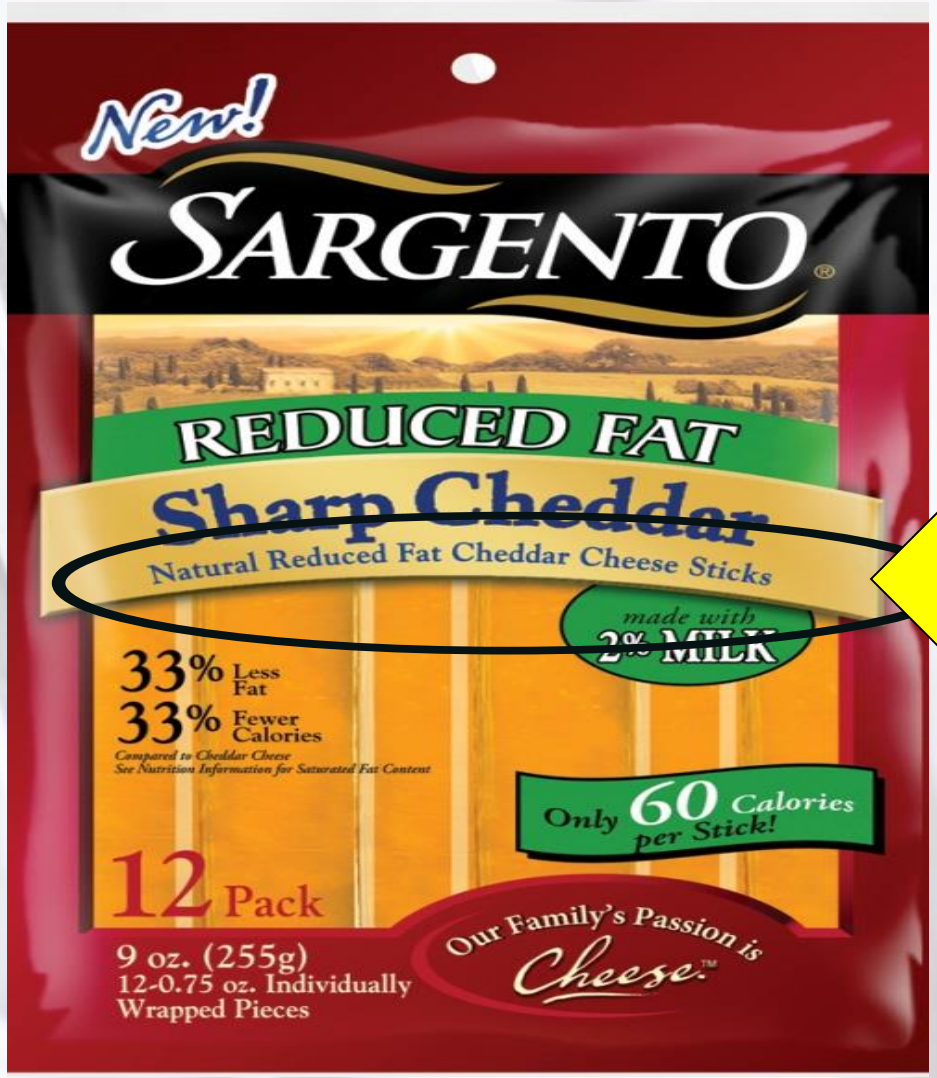
Is this creditable? No



Pasteurized Prepared Cheese Product

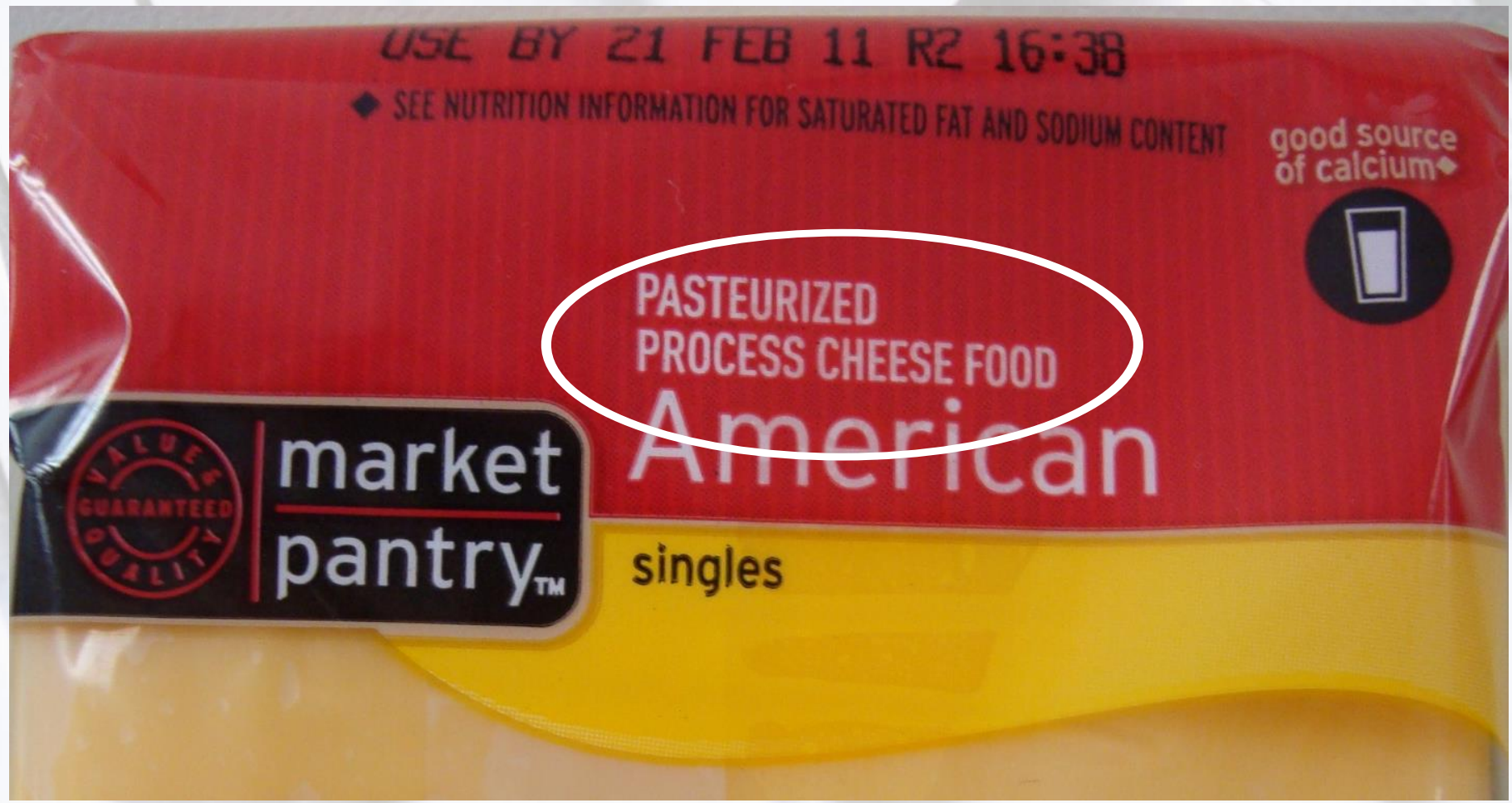
Is this creditable?

Yes



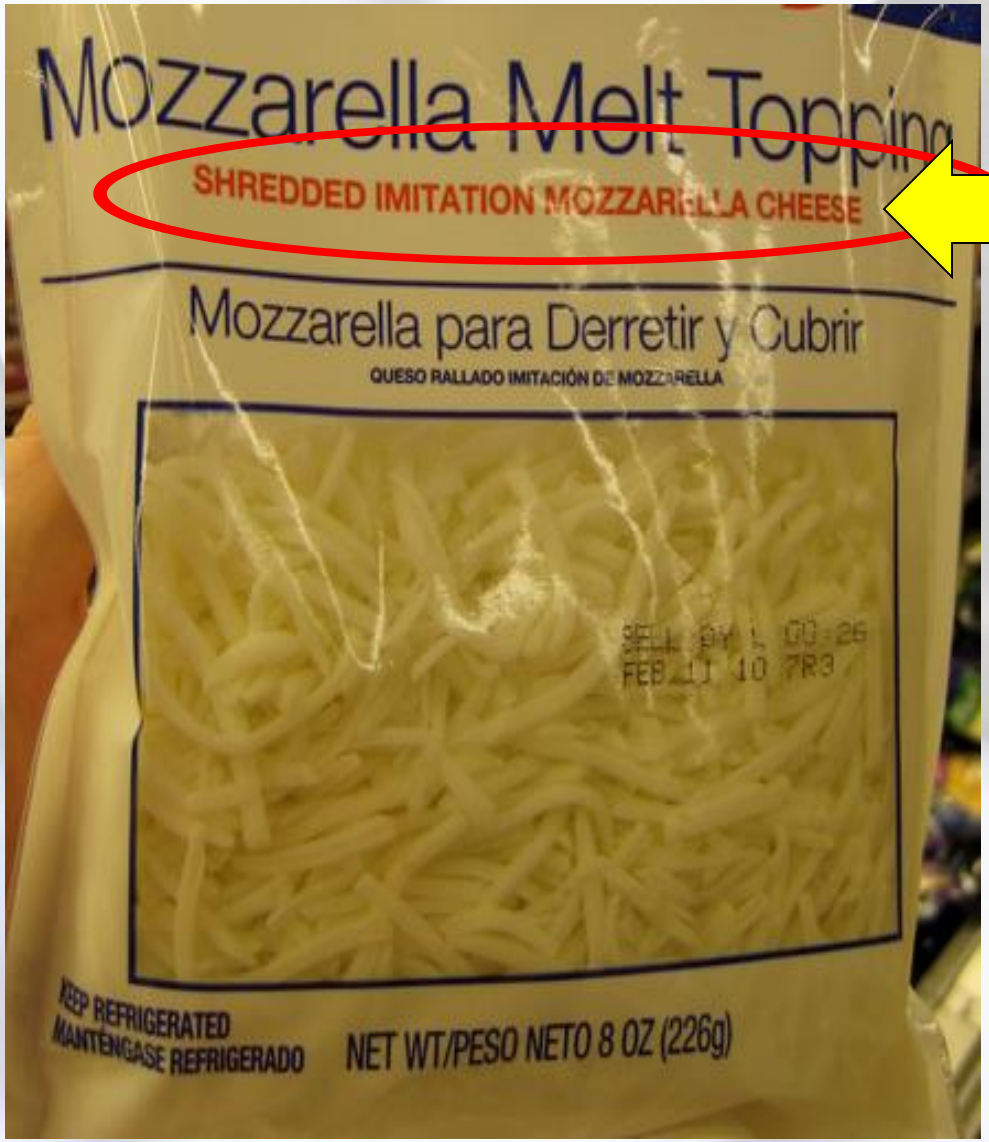
Natural
Reduced Fat
Cheddar
Cheese Sticks

Is this creditable? Yes



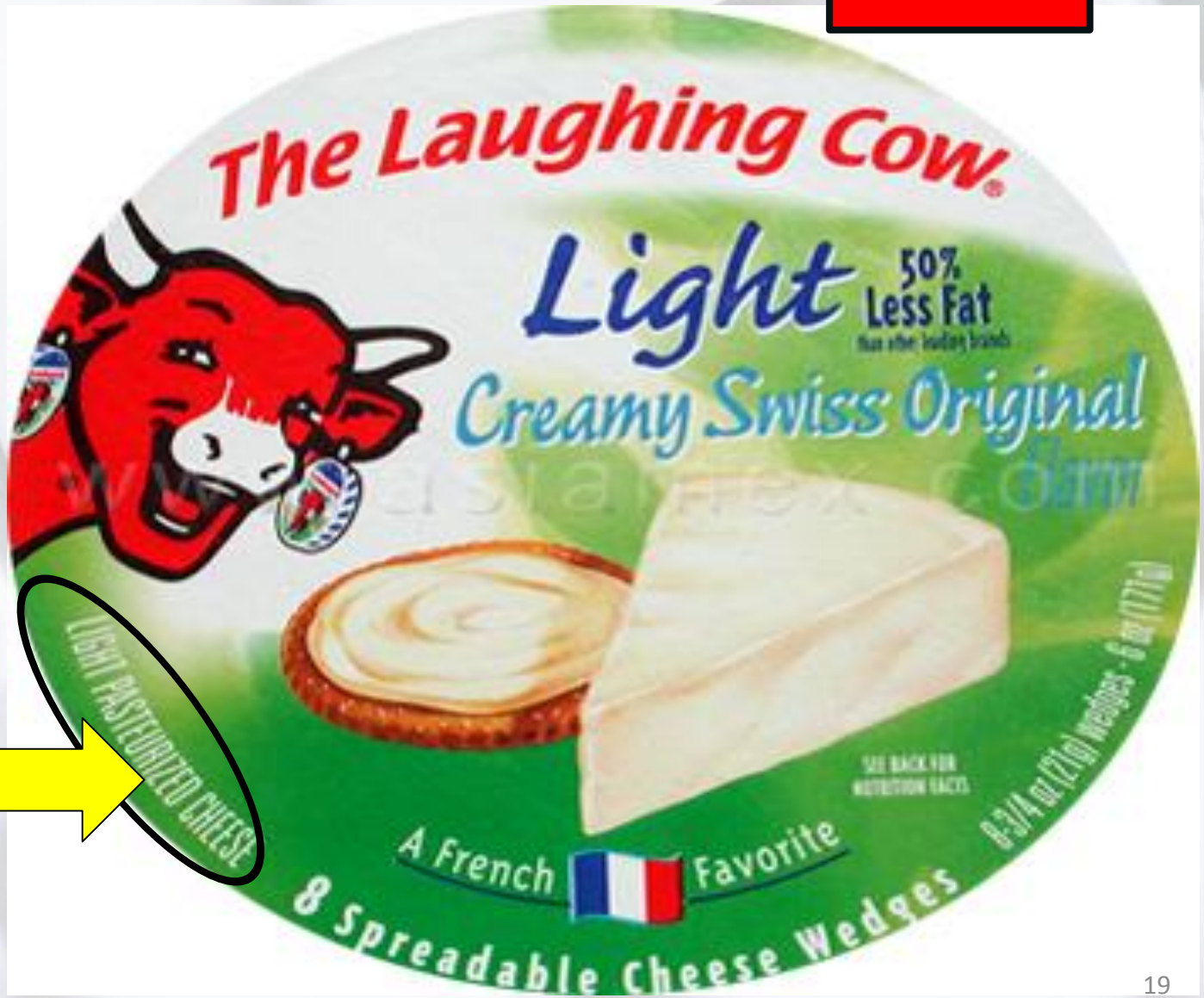
Is this creditable?

No



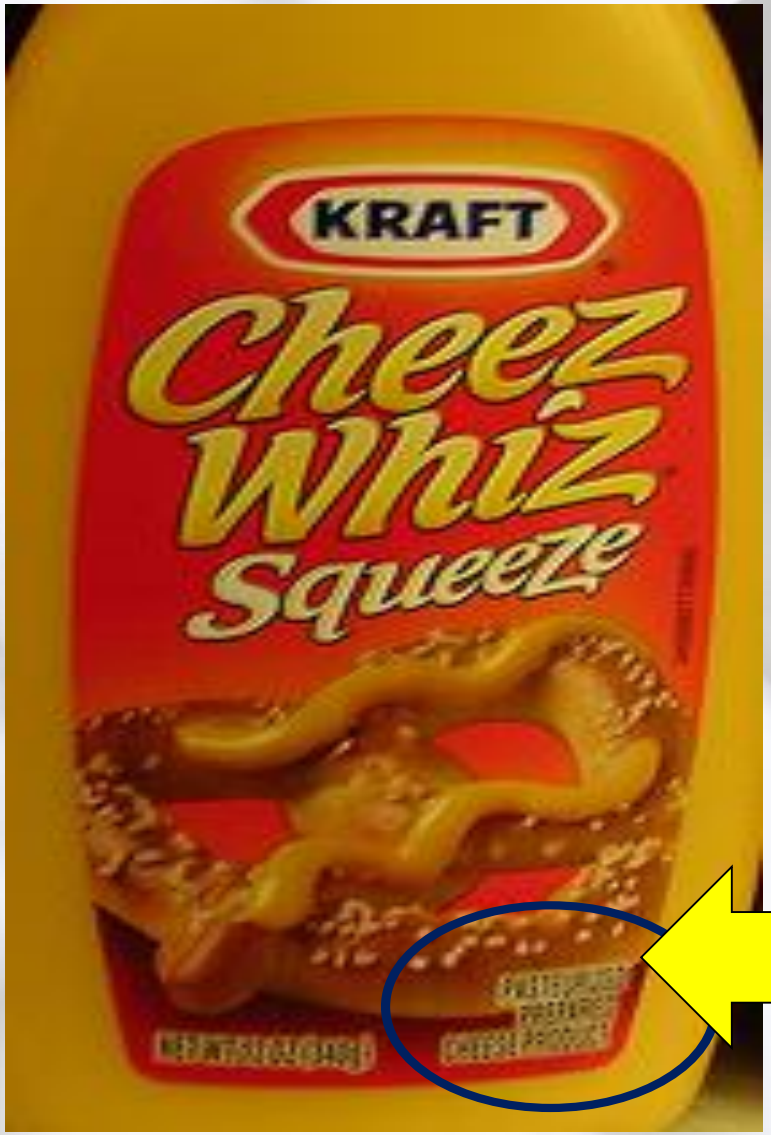
Imitation Mozzarella Cheese

Is this creditable? Yes



Light Pasteurized Cheese

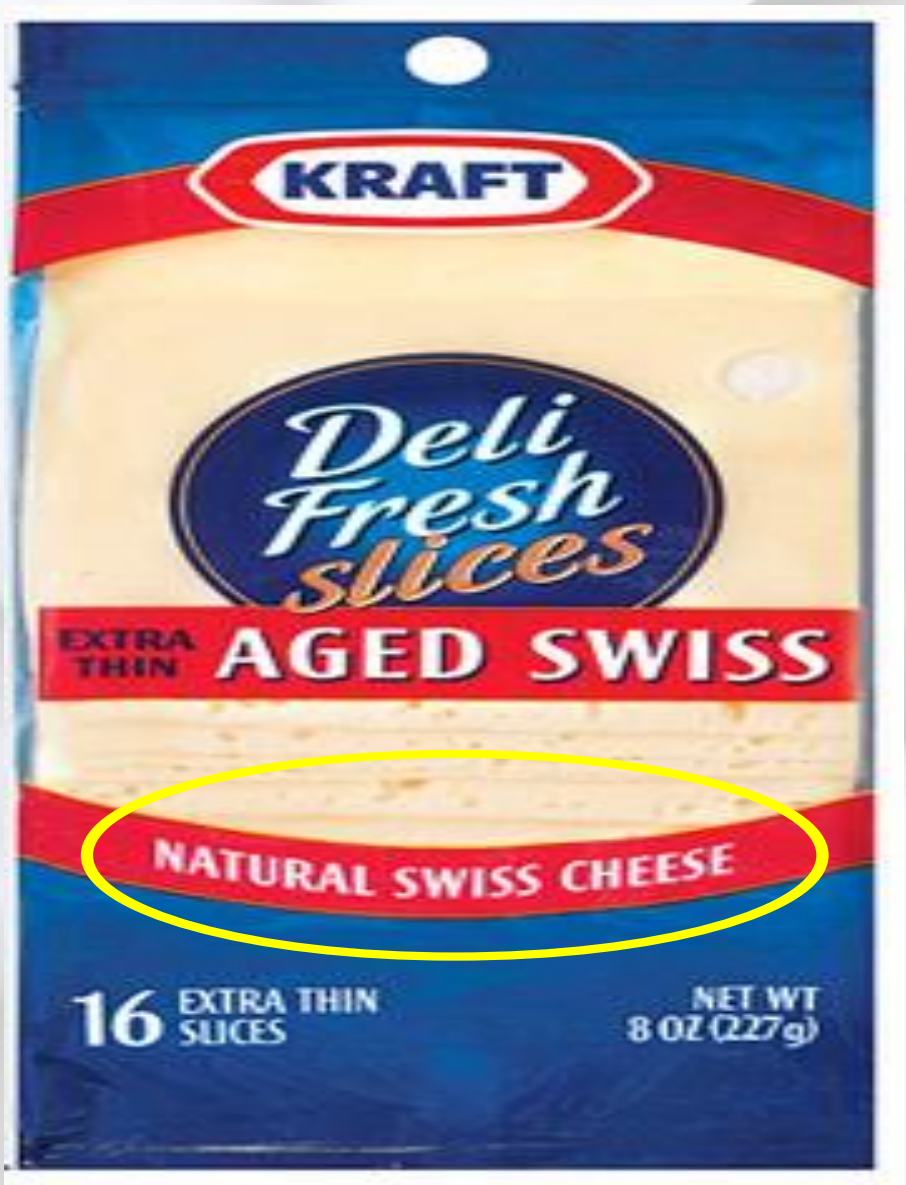
Is this creditable? No



Pasteurized Prepared Cheese Product

Is this creditable?

Yes



Creditable Cheeses

- Cheese Food (contains at least 51% cheese)
- Cheese Spread
- Natural Cheese
- Pasteurized Process Cheese (100% cheese)

Non-Creditable Cheeses

- Imitation cheese
- Cheese Product (contains <51% cheese)
- Velveeta