



Child Nutrition (CN) Labels and Crediting Foods

Child Nutrition (CN) Label

- The CN label states a product's contribution toward the CACFP meal pattern requirements.
- When products are combinations of ingredients such as chicken nuggets, corn dogs or pizza purchased, there is no way to disassemble the product and weigh and measure the ingredients to determine the amount of M/MA, F/V and/or G/B that may be credited.
- CN labels provide this necessary crediting information.

Product Analysis Sheet

- A combination food may also be credited when a product analysis sheet is on file.
- It must include a statement of the amount of cooked lean meat/meat alternate, bread/bread alternate and/or fruit/vegetable components in each serving of the food.
- This sheet must be signed by an official of the manufacturer (not a salesperson).

**PIERCE
CHICKEN**

Fully Cooked

110201

Breaded Chicken Breast Chunks
Nugget Shaped Chicken Patties with Rib Meat

INGREDIENTS: Chicken Breast with Rib Meat, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B-12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin) Dried Whole Egg, Seasoning (Salt, Flavor, Modified Cornstarch), Sodium Phosphate. **BATTERED AND PREDUSTED WITH:** Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Spices, Dextrose, Dried Garlic, Paprika and Annatto, Xanthan Gum, Natural Flavor. **BREADED WITH:** Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Soybean Oil, Dextrose, Dried Garlic, Paprika and Annatto, Extractives of Paprika. Breading set in Vegetable Oil.

CONTAINS: EGG, SOY AND WHEAT

HEATING INSTRUCTIONS: From Frozen: Heat in Convection Oven for 6-8 minutes at 375°F. Conventional Oven for 7-10 minutes at 400°F. Appliances vary, adjust cook times accordingly.

We make
Chicken easy.TM



Distributed By: Pilgrim's Pride
P.O. Box 93, Pittsburg, TX 75686 800-321-1470
www.pilgrimspride.com or www.poultry.com
Pierce Chicken is a registered trademark of Pilgrim's Pride Corporation

Five 0.88 oz. Breaded Fully Cooked Chicken Nuggets (3.40 oz. Total) provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06-06.)

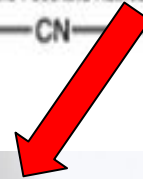


Nutrition Facts

Serving Size 5 Pieces (96g)
Servings Per Container About 51

Amount Per Serving	
Calories 230	Calories from Fat 90
% Daily Value*	
Total Fat 10g	18%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 690mg	28%
Total Carbohydrate 16g	5%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 16g	
Vitamin A 4%	Vitamin C 0%
Calcium 2%	Iron 10%

*Percent Daily Values are based on a diet of other people's misdeeds.



Five .88oz breaded fully cooked chicken nuggets (2.43 oz Total) provide 2.00 oz equivalent meat/meat alternate and 1.00 serving bread alternate for Child Nutrition Meal Pattern Requirements.

5 nuggets/serv x
51 serv/bag =
255 nuggets/bag



CORN DOGS

BATTER WRAPPED FRANKS ON A STICK
MADE WITH PORK, BEEF

08481

Nutrition Facts

Serving Size 1 piece (113g)
Servings Per Container 48

Amount Per Serving		% Daily Value*
Calories 340	Calories from Fat 150	
		% Daily Value*
Total Fat 17g		28%
Saturated Fat 8g		38%
Cholesterol 15mg		6%
Sodium 1040mg		43%
Total Carbohydrate 40g		13%
Dietary Fiber 2g		6%
Sugars 19g		
Protein 7g		
Vitamin A 0%		Vitamin C 2%
Calcium 0%		Iron 8%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

COOKING INSTRUCTIONS			
OVEN TYPE	SETTINGS	COOKING TIMES (MIN.)	
		THAWED	FROZEN
CONVENTIONAL	375°	16	25
CONVECTION	350°	16	25
DEEP FRYER	350°	6	10
MICROWAVE	HIGH	60 sec.	90 sec.

COOK TO INTERNAL TEMPERATURE OF 160°F. HOLD AT 140°F OR ABOVE.
COOKING TIMES MAY VARY WITH EACH OVEN.
Nutritional Info/Product Comments: 1-800-251-4754
Web: www.saraleefoodservice.com

BATTER INGREDIENTS: Water, Enriched Wheat Flour (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Corn Meal (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Contains 2% or less of the following: Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Modified Food Starch, Honey Solids (with Wheat Starch, Calcium Stearate, Hydroxylated Lecithin), Flavorings, Onion Powder, Cooked in Partially Hydrogenated Soybean Oil.
FRANKFURTER INGREDIENTS: Pork, Water, Corn Syrup, Dextrose, Beef, Salt, Contains 2% or less of the following: Potassium Lactate, Flavorings, Paprika, Natural Smoke Flavoring, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.



CN This 4 oz. Corn Dog provides 2.0 oz. equivalent meat and 2 servings of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 01-04.)



1 00 71068 08481 0 Rev. 05/05

Fun Foods in the Hands of Everyone!
State Fair Foods, Cincinnati, OH 45242
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STATE FAIR is a registered trademark of Sara Lee Foods, Inc.

NET WT 12 LB (5.44 kg)

48 Count

KEEP FROZEN

This 4 oz Corn Dog provides 2.0 oz equivalent meat and 2 servings bread alternate for Child Nutrition Meal Pattern Requirements.

1 corn dog/serv X
48 serv/bag =
48 corn dogs/bag

50103

Turkey Breakfast Sausage Links

BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR
MILD * READY TO COOK



INGREDIENTS: TURKEY, WATER, SALT, DEXTROSE, SPICES, SUGAR, BHT, CITRIC ACID, NATURAL EDIBLE BEEF CASING.

COOKING INSTRUCTIONS: GRILL COOK FROM FROZEN STATE ON MEDIUM HEAT, TURNING TO COOK EVENLY ON BOTH SIDES. COOK UNTIL DONE (NOT PINK IN CENTER), IF LINKS BEGIN TO STICK DUE TO THEIR LOW FAT CONTENT, ADD A SMALL AMOUNT OF COOKING OIL.

BAKE: PREHEAT OVEN TO 400°F PLACE SAUSAGES IN LIGHTLY OILED BAKING PAN. BAKE 15 TO 18 MINUTES, TURNING HALFWAY THROUGH, UNTIL FULLY COOKED (NOT PINK IN CENTER).

BROIL: BROIL SAUSAGE LINKS 6" TO 8" FROM HEAT SOURCE 15 MINUTES TURNING TWO THIRDS WAY THROUGH UNTIL FULLY COOKED (NOT PINK IN CENTER). KEEP FROZEN UNTIL READY FOR USE. FOLLOW COOKING INSTRUCTIONS ON LABEL.

SAFE HANDLING INSTRUCTIONS

This product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.



Keep refrigerated or frozen. Thaw in refrigerator or microwave.



Keep raw meat and poultry separate from other foods, wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.



Cook thoroughly.



Keep hot foods hot. Refrigerate leftovers immediately or discard.

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050429

Two 1oz. Turkey Breakfast Sausage Links when cooked provides 1.25oz. equivalent meat for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 04-00).

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KEEP FROZEN

PERDUE FARMS, INCORPORATED
SALISBURY, MD 21802



CONTAINS 160 LINKS
NET WT. 10 LBS.

Sample Cheat Sheet

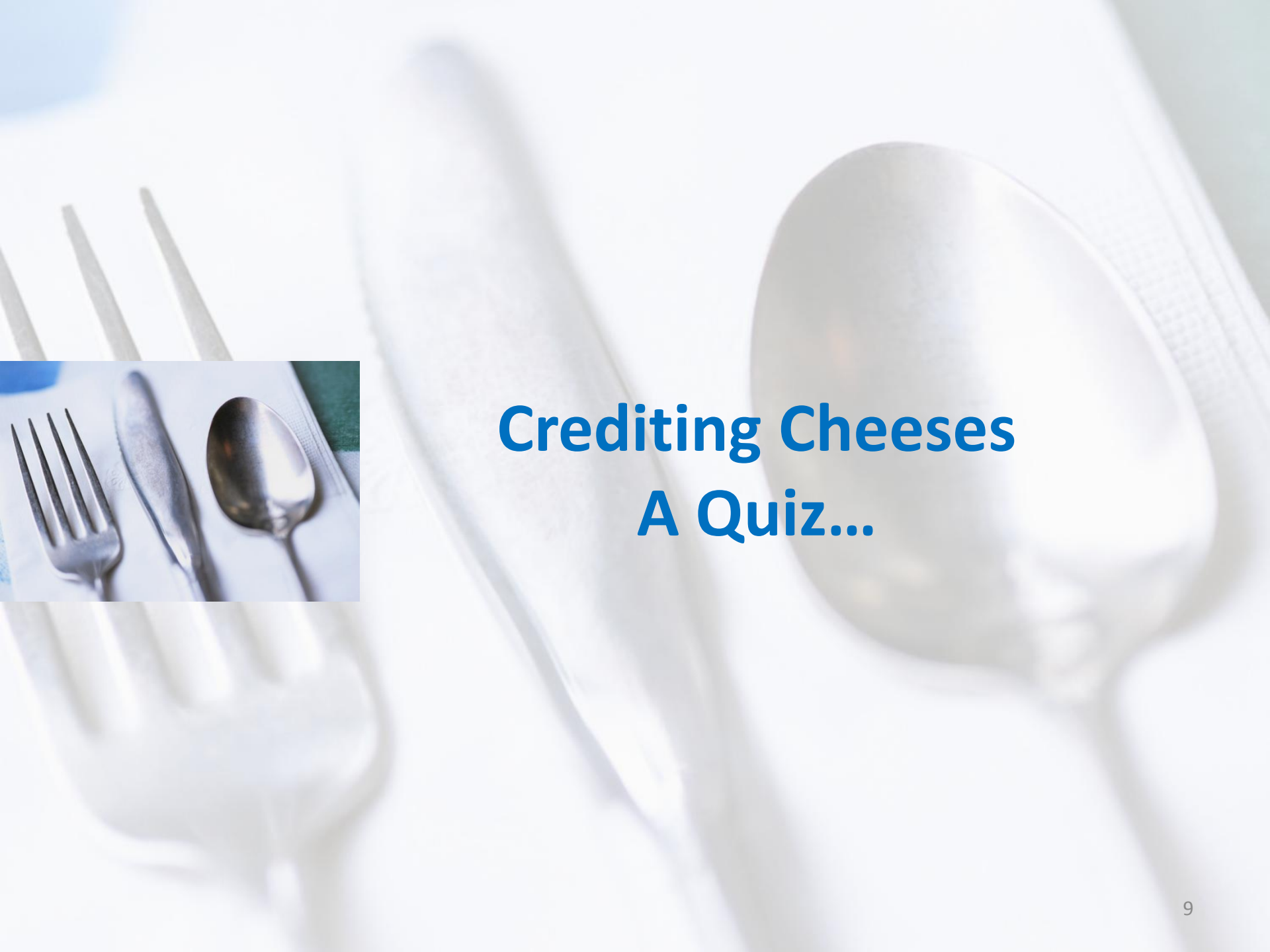
	1-2 year olds	3-5 year olds	6-12 year olds
Entrees			
Chicken nuggets (name brand)	3 each	4 each	5 each
Fish Sticks (name brand)	6	9	12
Mini Corn Dogs (name brand)	4	6	8
Snack Items, Grain/Breads			
Cheese Snack Crackers	10	10	20
Graham Crackers	3 crackers (3/4 sheet)	3 crackers (3/4 sheet)	6 crackers (1 ½ sheets)
Saltine Crackers	3	3	6
Fruits and Vegetables			
Bananas, large (1/2 banana = ¼ cup)	¼ banana	½ banana	1 banana
Grapes (Seedless) (7 large grapes = ¼ cup)	4 grapes	7 grapes	10 grapes



Wisconsin Department of Public Instruction
LUNCH/SUPPER PRODUCTION RECORDS
 PI-1488 Side 1 (Rev. 8/05)

Week of:	7/5/10	Prepared by:	J. Jones
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Lunch/Supper		Component	Foods Used	Amounts Prepared	Comments
MONDAY		M/MA	Hamburger	5 lbs	(raw)
Meal Count		F/V	Tomato Sauce	6	(15 oz can)
1 & 2	7	F/V	Mixed Fruit	4	(#10 can, drained)
3 to 5	13	GR/B	Spaghetti Noodles	3 lbs	(uncooked)
6 to 12	9	Milk	1%	2 gals	
Adult	5	Other			(Entrée-spaghetti w/meat sauce)
TUESDAY		M/MA	Chicken Nuggets	150	(CN Label) 1 bag (255 nuggets)
Meal Count		F/V	Carrots	3 cups	(fresh, baby)
1 & 2	7	F/V	Peaches	4 cans	(29 oz can, drained)
3 to 5	13	GR/B	Breading		(see chicken nuggets)
6 to 12	9	Milk	1%	2 gals	
Adult	5	Other			



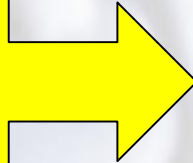
**Crediting Cheeses
A Quiz...**

Is this creditable?

No



Pasteurized
Prepared
Cheese
Product



Is this creditable?

Yes



Pasteurized
Process
American
Cheese

Is this creditable?

Yes

Cheese
Spread



Is this creditable?

Need CN label



EAST SIDE ENTREES™ CHEESE SAUCE

INGREDIENTS: Water, American Cheese ([milk, salt, cheese culture, enzymes], water, cream, sodium citrate, sodium phosphate, salt, annatto color, oleoresin, paprika), Cheddar Cheese (cultured pasteurized milk, salt, enzymes, apocarotenal), Modified Food Starch, Salt, Turmeric, Annatto.

CN

056218

Each 5lb. pouch contains twenty 4 oz. servings. Each 4 oz. serving (by weight) of Cheese Sauce provides 2.0 oz. equivalent meat alternate for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08/02).

CN

INSPECTED BY THE
U.S. DEPT. OF AGRICULTURE
IN ACCORDANCE WITH
FNS REQUIREMENTS

Is this creditable?

No



Is this creditable?

Yes



Natural
Reduced Fat
Cheddar
Cheese Sticks

Is this creditable?

Yes



Is this creditable?

No



Imitation
Mozzarella
Cheese

Is this creditable?

Yes



Light
Pasteurized
Cheese



Is this creditable?

No



Pasteurized Prepared Cheese Product

Is this creditable?

Yes



Creditable Cheeses

- Cheese Food (contains at least 51% cheese)
- Cheese Spread
- Natural Cheese
- Pasteurized Process Cheese (100% cheese)

Non-Creditable Cheeses

- Imitation cheese
- Cheese Product (contains <51% cheese)
- Velveeta