

# Learn the Signs. Act Early. (LTSAE)

CDC's "Learn the Signs. Act Early." program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child's development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

Order materials directly from CDC or Utah Ambassador

Janel.preston@usu.edu Ambassador for Utah

Check out a few of the new materials to share with families, on social media sites, with partners, or for you to learn more about development!



Help us spread the word about Learn the Signs. Act Early. Utah. Download this toolkit that has social media posts and tips so that you can share and promote LTSAE!

English

Spanish

## Useful Resources For Early Childhood Educators

As an early care and education provider, you play a critical role in the health and wellbeing of children. You are also very well positioned to help identify children who might need extra help in their development. This FREE, online training course, Watch Me! Celebrating Milestones and Sharing Concerns, can help.





These videos and virtual trainings can be used to onboard staff, get new information about how to incorporate parent engaged developmental monitoring into your everyday practice, how family can use the materials, and more to come so keep checking back

## Digital Online checklist



Skills such as taking a first step, smiling for the first time, and waving “bye bye” are called developmental milestones. Children reach milestones in how they play, learn, speak, act, and move.

Click on the age of your child to complete a milestone checklist online

# You make an impact in children's development!

Check out the article:

[Using a Team Approach to Support & Monitor your Child's Development.](#)



Help your child grow and thrive with CDC's free Milestone Tracker app.  
cdc.gov/MilestoneTracker

