

# Learn the Signs. Act Early. (LTSAE)

CDC's "Learn the Signs. Act Early." program encourages parents, health care professionals, and early childhood providers to celebrate and learn about healthy child development, monitor every child's development, and act early if there is a concern. The program offers a variety of free materials to make developmental monitoring practical and easy.

For a list of all LTSAE's free materials, visit <https://www.cdc.gov/ncbddd/actearly/index.html>

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Check out a few of the new materials to share with families, on social media sites, with partners, or for you to learn more about development!



Help us spread the word about Learn the Signs. Act Early. Utah. Download this toolkit that has social media posts and tips so that you can share and promote LTSAE!

[English](#)  
[Spanish](#)

## Useful Resources For Early Childhood Educators

The "Introduction to Child Development for WIC Staff" training module has also been updated in both English and Spanish to reflect CDC's revised developmental milestones. This 30-40 minute module provides WIC staff with the basics of child development and how to encourage developmental monitoring with WIC participants. Available here in English Available here in Spanish





These videos and virtual trainings can be used to onboard staff, get new information about how to incorporate parent engaged developmental monitoring into your everyday practice, how family can use the materials, and more to come so keep checking back

## Update Milestones



CDC's milestones and parent tips have been updated and new checklist ages have been added (15 and 30 months)

Be sure to check out this FREE online course from the American Academy of Pediatrics. "Milestones Matter: Don't underestimate Developmental Surveillance."

1 in 6 children has a developmental delay or disability. You can help identify children with signs of developmental delay, strengthen family engagement in developmental monitoring, and better support all children by...

Using CDC's milestone checklists and Milestone Moments booklet to

- Enhance developmental screening by routinely tracking each child's development
- Empower parents to observe and track their child's development
- Increase your knowledge of signs of potential delay and what to do when there is a concern

Helping parents to act on developmental concerns

Support them by sharing CDC's How to Get Help for Your tip sheet

